Camp Survival Guide

Our goal is to provide the highest quality recreational day camps. We strive to provide developmentally appropriate activities which promote life-long learning of recreational and sport skills. The skills are experienced in a recreation setting to encourage each child to explore fun and diverse activities.

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FOR INFORMATION CONTACT

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Summer Camps Hotline (Jun. 15– July 31 8:00 am-5:00 pm only)
(402) 472-8383

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PARENT OPEN FORUM

Tuesday, June 30, 2020 @ 3:00-4:00pm
Zoom Link sent to email on file with registration

⇒ This is an excellent opportunity for parents to ask questions and share information regarding their child's expectations. Information regarding your child's participation in Husker Summer Camps will be provided, including activities, camps' structure, what to bring each day, camp policies and procedures.

MATERIAL TO BE RETURNED

You should have received an email from DocuSign.com containing the following forms:

- ☑ Guardians Waiver and Release of Liability form
- ☑ Youth Activity Safety Policy Notification form
- ☑ Supplemental Information/Check Out Authorization form
- ☑ Camper Code of Conduct form
- ☑ COVID-19 Social Contract

If you have not yet received these forms, please give us a call!

Please complete these forms **before your first day of camp**.
The Guardian Waiver and Release of Liability form and Youth Activity Safety Policy Notification form are required by the University Risk Management office to attend Campus Recreation Husker Summer Day Camps.

WHAT TO BRING EVERY DAY

Clothing and Shoes

Campers should come to Husker Summer Camps dressed for a full day of activity. We recommend outdoor activity clothes and athletic shoes (No sport-sandals or open-toed shoes). Please survey what your child brings to camp in the morning to avoid lost items. **FACIAL COVERINGS ARE REQUIRED! (see page 11 for more info)**

Water Bottle

Water is a vital component when physically active. Parents are asked to send a water bottle/squeeze bottle each day, labeled with your child's name. Please encourage your child to drink water while they are attending camp. Fountains will be bottle fill ONLY due to COVID-19.

Sunblock

Your child will participate in outdoor activities everyday. For protection from the sun's rays, we recommend applying SUNBLOCK (SPF #15 or higher recommended) on your child, prior to arrival. You may also send sun block with your child. Sun block is most effective when applied one half hour before exposure.

Swimming Gear

Husker Kids and Husker Adventures will need swimming apparel on a varying basis, check the session newsletter for specific days.
Please pack a SWIMSUIT and TOWEL (labeled) for your child for each swim day.

Backpack/Gym Bag

A backpack, gym, or book bag is recommended for your child's belongings. Please label all of your camper's items with his or her name.

Lunch

Please pack your child a lunch each day in small coolers (recommended), lunch boxes or lunch bags. Lunch is not provided and refrigeration is not available.

FACILITIES

Your child's day will begin and end at the Campus Recreation Center. Activities will take place at various indoor and outdoor locations on campus. Regularly scheduled swimming will be held at an indoor pool located on campus, with lifeguards on duty.

ARRIVING AT CAMP

Check-in Procedures

Children will be checked in curbside at the "Husker Summer Camps" table just outside the Campus Recreation Center main entrance on 14th street (see map in this guide). Check-in will be conducted from 7:15 am - 8:40 am.

Staff is not available until 7:15; be advised that we cannot be responsible for your child until this time.

Signing your child in at any other time must be done in the Campus Recreation Intramural office #56 (see map).

Late Arrivals

ALL late arrivals (after 8:40 am) are handled at the Campus Recreation Intramural Office, located at the 14th Street entrance (see map).

NOTE: Do not park in the fire lane.

Upon arrival, parent/child should check in with the administrative office assistant and sign in on the clipboard located at the reception desk.

Children will be shuttled to activity sites by the Husker Summer Camps staff three approximate times throughout the camp day.

10:00 Noon 2:00

We recommend that if you must arrive late to camp that you do so as close to a shuttle time as possible. This will alleviate the greatest amount of down time for your child.

DEPARTING FROM CAMP

Early Departures

Advanced notice must be given in **writing via email** at least one day prior to accommodate an early departure.
ALL early departures (before 3:55 pm) are handled at the Campus Recreation Intramural Office, located at the 14th Street entrance (see map).

NOTE: Please remain in your vehicle
Campers will be in the camp office for a minimum amount of time to reduce possible exposures to the administrative staff. Please call with an expected time of arrival to ensure timely transport of your camper.
Only guardians listed on the Check-out Authorization form will be permitted to sign the camper out, even if listed as Self-Checkout.

Check-out Procedures

Parents may choose from two check-out authorization plans.

Self Check-Out Authorization Plan: Children with this option will be allowed to sign themselves out to leave the camp program at 4:00 pm or at your designated pick-up time. Requests for a different time must be submitted in writing.

Guardian Check-Out Authorization Plan: Guardians who choose this option are required to sign-out their child. Children will only be allowed to leave with authorized persons, **ID required each day**. Requests for sign-out exceptions must be made in writing.

Check-out will be conducted from 4:00 - 4:45 pm. Families will be assigned a window for pick-up to minimize cross-group exposures.

Please refer to the Check Out Authorization form in your Docusign packet to designate Self Check-Out or Guardian Check-Out.

PARKING

Due to COVID-19 parking will not be offered for summer camp 2020. All families are asked to remain in their vehicle for pick-up. Guardians working on campus or within walking distance may walk up to checkout stations provided they wear a mask and maintain physical distancing.

Metered parking is available for those families wishing to stay on campus after pick up.

Campus Recreation is not responsible for parking violation tickets.

EXTENDED PROGRAM

Due to COVID-19 the Extended Care Program will not be offered for summer 2020. All campers must be picked up by 4:45pm to avoid late fees.

LATE FEES FOR PICK UP

Your child should be checked out by 4:45 pm (if not signed up for the Extended Program) or by 5:35 pm.

If your child is not picked up by these times, a late fee of $5.00 for the first 15 minutes will be assessed. After the first 15 minutes, the late fee will be $1.00 for each additional minute.

PAYMENT INFORMATION

Session registration is held by the $25 deposit and applied towards the total session fee. **Your balance must be received in full on or before the payment deadline by 5:30 pm to avoid your child's camp session being cancelled.** The individual identified as *Parent #1* on the enrollment form is responsible for all balances associated with the account.

Sessions 5-6 Friday June 14	Session 7-8 Friday July 10

Session registration will be CANCELLED if payment is not received in full by the due date.

Camp fees may be paid by cash, check, Visa, MasterCard, Discover or NCard. Checks should be made payable to the University of Nebraska Campus Recreation.

To qualify for the member rate, the parent/guardian must be a Campus Recreation member from enrollment through the duration of camp the child is enrolled in.

CANCELLATIONS & REFUNDS

If your plans change and you need to cancel your child's registration from a camp session, you will receive a refund less the $25 deposit if Campus Recreation is notified in writing at least one week prior to the camp session. After that time, there will be no refund.

All cancellations must be made in writing.

Payments and deposits are non-transferable to other sessions.

MEDICATION

If medication of any type (over the counter or prescription) is required, it must be administered by the Campus Recreation Summer Camp Staff.

Campers may not carry medication with them, including all over the counter medicines.

A "Participant Medication and Instruction Form" must be completed by the parent/ guardian.

All medication must be in its original container.

Forms will be available at Check-in/out and the Parent Open House.

ACCIDENTS & EMERGENCIES

In the case of an emergency or accident involving your child, you will be notified, following notification of the appropriate emergency personnel. All members of the camp staff are certified in Adult & Child CPR, AED and First Aid and have also been trained in emergency procedures at all locations.

ILLNESS

If your child should become ill while at camp, you will be notified. We do not have a registered nurse on staff, therefore, we will ask you to make the decision whether to remove your child from the program for the day. We ask for your discretion on bringing your child to camp if he/ she is ill. Please note that we have additional precautions due to COVID-19. These are detailed on the following pages.

COVID-19 ACTION PLAN

Responding to Illness and Confirmed Case of COVID-19

Isolation Areas – If a child becomes symptomatic throughout the day, we will have an isolation space to ensure no contact with others. The child will be closely cared for by a staff member and parents will be contacted immediately. Parents are expected to pick up their child no later than one hour after notification. Children must remain home and be symptom free without the use of medication for 72 hours prior to returning to care.

Cleaning and Disinfecting of Spaces – The UNL Husker Kids Camps will follow guidance from UNL Environmental Health and Safety regarding cleaning and disinfecting areas with known or suspected of having been continuously used or occupied by a person infected with COVID-19 for greater than 30 minutes and restrooms used by persons known or suspected of being infected with COVID-19.

If a child or staff member becomes ill and is sent home during the course of the day, that space will be vacated for the remainder of the day. The area affected will remain closed and will be deep cleaned by UNL Custodial Services or a hired qualified contractor. The group will remain away from the area, and will not return until a deep clean has occurred.

Confirmed Case of COVID-19 – In the event of a confirmed case of COVID-19 by a member of the UNL Husker Kids Camp that has continuously used or occupied spaces in the UNL Husker Kids Camp, guidance by the CDC for K-12 and Schools and Child Care Programs will be closely followed.

COVID-19 ACTION PLAN CONTINUED

WHAT HAPPENS IF A CASE IS CONFIRMED INVOLVING CAMP:

Notification Process – The Lincoln Lancaster County Health Department will be contacted immediately.

Dismissal of Center Operations and Closure – If notification occurs during open hours of operation, the UNL Husker Kids Camp will close immediately and all parents/guardians will be notified and required to pick up their children within 60 minutes. The UNL Husker Kids Camp will consult with the Lincoln Lancaster County Health Department on closures of camp locations and appropriate disinfecting and reopening procedures per local and CDC guidelines.

Notification - Notification and contact tracing will follow the approved UNL Campus COVID-19 Campus Notification process. Communication to all staff, students, and parents will occur in a timely manner based on the approved UNL campus process.

Clean and Disinfect - The UNL Husker Kids Camp will be cleaned and disinfected during the time UNL Husker Kids Camp is closed following CDC guidelines. Following the closure and cleaning and disinfecting, the UNL Husker Kids Camp will reopen for individuals that are not directly impacted by COVID-19 or were identified as a close contact, requiring quarantine per the Lancaster County Health Department.

Confirmed COVID-19 Case – Return back to the UNL Husker Kids Camp: Individuals that have confirmed COVID-19 must follow the CDC recommendations for discontinuing isolation prior to returning to the UNL Husker Kids Camp. Either the symptom-based or test-based strategy will be used for individuals returning that were not hospitalized. *Persons who have a fever of 100.40 (38.00C) or above or other signs of illness should not be admitted to the facility*

Symptom-based strategy – Persons with COVID-19 who were directed to care for themselves at home may discontinue isolation and return to the UNL Husker Kids Camp under the following conditions:

- At least 3 days (72 hours) have passes since recovery defined as a resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); and, at least 10 days have passed since the symptoms first appeared.

Test-based strategy – Persons with COVID-19 who were directed to care for themselves at home may discontinue isolation under the following conditions:

- Resolution of fever without the use of fever-reducing medications, improvement in respiratory symptoms (e.g., cough, shortness of breath)

- Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected more than 24 hours apart (total of two negative specimens).

Face Covering Policy

Beginning June 17, 2020, all University of Nebraska–Lincoln (UNL) faculty, staff, students, and visitors (including contractors, service providers, and others) will be required to use a facial covering at all times when indoors on the UNL campus, with the following exceptions:

- When eating; however, social distancing practices must be observed.

- When alone in a room.

- When alone in a motor vehicle.

- When an alternative is necessary as indicated by a medical professional during patient care.*

- When exercising either in a campus recreation facility or during a university-sponsored activity when use of a campus recreation facility is not practicable.

- When in one's assigned apartment or residence hall room.

- When the task requires the use of a NIOSH-approved respirator.

- When pertaining to children under the age of 2 years.

Facial coverings are also required in outdoor settings on the UNL campus if safe social distancing and gathering practices are not possible unless subject to an exception. This policy shall remain in effect until further guidance is provided from the Office of the Chancellor.

Rationale

An overarching principle to which the University of Nebraska–Lincoln ascribes is that Every Person and Every Interaction Matters. This facial covering policy has been established because we respect and care for ourselves and every person that we encounter on campus.

The Centers for Disease Control and Prevention (CDC) has acknowledged that use of facial coverings can help to slow the spread of COVID-19 in our communities. A facial covering can reduce the trajectory of expelled respiratory droplets, which pose risk to those around you. When you wear a face covering, you demonstrate care about the health and safety of those in our campus community.

What constitutes a face covering?

There are no universal design standards for facial coverings. However, the covering must extend from the bridge of the nose to below the chin.

Reusable cloth facial coverings are acceptable, as are disposable paper masks.

A face shield is an acceptable alternative.

Regardless of the type used, a mask should not be designed with an exhalation valve.

FOOD

Lunches

Lunch begins around 11:30 am each day. Lunches should be brought in small coolers (recommended), lunch boxes or lunch bags. Refrigeration in not available. When packing your child's lunch please put his/her name on the cooler/bag.

Please help us in making sure your child has the energy needed to enjoy camp by making sure they eat a good breakfast and have a substantial lunch packed.

Snacks

A snack such as fruit chews, cookies, chewy granola bars, or pretzels and juice boxes are provided at mid-morning. The morning snack is meant to be a supplement and not a substitute to a nutritious breakfast and lunch.

A small afternoon treat is also provided. Typically this will be a popsicle, fruit rollup, or candy selection.

Parents may provide a small snack for the extended program if they feel it is necessary for their child.

Food allergies need to be articulated on the Supplemental information form and you may be asked to provide an appropriate allergen-free snack. (*yellow form*)

Vending Machines

Vending machines are NOT available to participants during Campus Recreation Summer Camps or during the extended program time. We request that you refrain from sending money to camp with your child.

SUMMER CAMP SOUVENIR T-SHIRT

Each camper will receive one complimentary Husker Summer Camps T-shirt as a keepsake for attending camp. T-shirts will be distributed at the first session for which the camper is enrolled.

**T-shirts from previous camp seasons will be available for sale. Please speak with the supervisor if interested.

ACTIVITIES

Huskers Kids

Activities will vary each session based on available facilities and weather. Activities are sport-based in nature. Our goal is to provide a supportive and enjoyable environment where learning and fun can go hand in hand. Specific sport instruction is not a goal of the camp. A typical day at Husker Kids as been described as a "fun PE class that lasts all day."

Husker Adventures

Each session will focus on exposing campers to a variety of activities stimulating the mind and body. Instruction in the basic skills of traditional and non-traditional sports will be the foundation of every session. Camp staff will attempt to provide challenging and rewarding experiences unique as each camper.

Valuables

No cell phones or iPods are allowed at camp. We request that your child leave all items of sentimental or monetary value at home. This may include collector cards, hand held video games, sports equipment, money, etc. Items that are not appropriate for camp will be confiscated and locked in the camp support office until check-out.

Campus Recreation cannot be responsible for lost or stolen items.

DISCIPLINE/BEHAVIOR MANAGEMENT

At the Husker Summer Camps, we are aware that there will be a time when a camper has a difficult day. First and foremost, we want to quickly resolve any conflicts and keep your child involved in the activities.

On occasion, it may be necessary to give the camper a chance to re-group away from the activity area. If your child still has difficulty in a situation you will be notified by way of an incident report sent home with your child and/or a phone call.

If the behavior persists and conflicts can not be resolved, or the situation merits, you will be contacted immediately and the incident(s) may result in suspension from the program. In some repeat situations, expulsion may result.

We are not a child care facility and do not have the staff for one-to-one supervision. Therefore, if there is a behavior incident that requires removal from the day's activities and you are not available, your emergency contact will be asked to come pick up your child.

Please read and return the Camper Code of Conduct found in your packet.

ACTIVITY GROUPS

One of our goals at Husker Kids and Husker Adventures is to promote individual growth. We feel that exposure to other children and new experiences is one way to achieve this goal. Hence, specific small group requests will not be honored. Husker Kids campers are grouped according to the grades they will be entering in the fall. Husker Adventure groups are a random mix of the registered participants. Most campers will be with the other camper they have requested due to the fact they are entering the same grade.

There is time designated for small group development and we encourage you to visit with your child about the opportunity to make new friends

COMMUNICATIONS

Electronic Mail

If you would like to email Brian Stelzer feel free to do so at bstelzer@unl.edu

Website

Husker Kids and Husker Adventures will post schedules and newsletters on the Campus Recreation web site. You can find the link to the Husker Summer Camps page at http://crec.unl.edu/youth. Please visit the website for more information.

Newsletter

A weekly newsletter will be available the Thursday prior to the next session of camp. It will feature upcoming field trips, reminders, and the upcoming session's activities. Newsletters will be posted on the website and electronically mailed to families.

Contacting Your Child During Camp

If you have an emergency and need to contact your child during the camp, call the Campus Recreation office at (402)472-3467.

The camp hotline number is **472-8383** for absences, messages and general information.

This number is ONLY active **8:00am-5:00pm.**

Cell Phones

Campers are not allowed to carry cell phones during camp program time. Please do not allow your child to bring these items to camp.

If your child needs to walk to an office or needs to carry a cell phone to call a parent/guardian after camp, please contact a camp coordinator prior to the start of the camp session.

YOUTH ACTIVITIES SAFETY GUIDELINES

Husker Summer Camp Staff

Our energetic and well-qualified staff are ready to spend an exciting summer with the campers. The staff is comprised of UNL professionals, certified school teachers, and highly motivated college students.

The University of Nebraska-Lincoln has implemented a Youth Activity Safety Policy to provide a safe environment for youths participating in activities, clinics or conferences.

Our policy includes safe interaction guidelines including sex offender registry checks for Husker Summer Camp staff. This policy will help to protect participating youths from potential misconduct incidents and help provide a safe, educational and enjoyable activity/program experience.

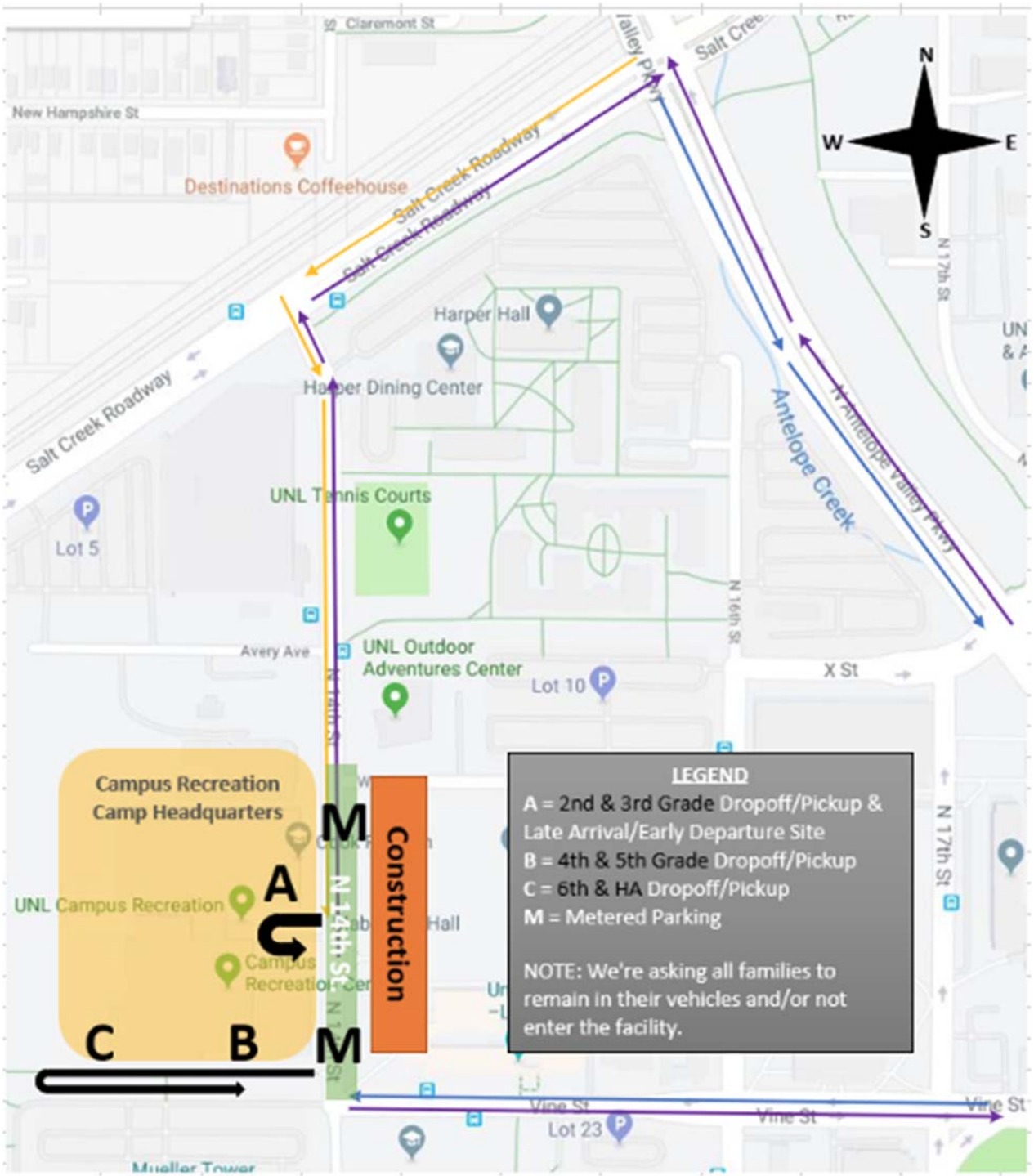
The following items are completed for our Husker Summer Camps staff prior to the start of our activities.

- All Husker Summer Camp staff must successfully pass a sex offender registry search for Nebraska and the state(s) they reside.
- All Husker Summer Camp staff driving activity vehicles must successfully pass a Driving Record Check.
- *All UNL activities will comply with UNL's Youth Activities Safety Guidelines.*

http://police.unl.edu/campus-youth-activity-safety-policy

Disciplinary Action

Per our Youth Activities Safety Guidelines, activity directors of University-sponsored activities, clinics and conferences reserve the right to immediately dismiss any youth from the activity, clinic or conference who is found to have violated behavioral expectations. Dismissed youth will be sent home at their expense (if applicable) and will be responsible for all other expenses associated with their dismissal. Parent(s)/Guardian(s) will be immediately notified of the youth's dismissal.

NOTES

Campus Recreation
Summer Camps Map