



2022 Camper & Family Manual

Our goal is to provide the highest quality recreational day camps. We strive to provide developmentally appropriate activities which promote life-long learning of recreational and sport skills. The skills are experienced in a recreation setting to encourage each child to explore fun and diverse activities.

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FOR INFORMATION CONTACT

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(402) 472- 8869

Summer Camps Hotline (May 17- Aug. 5 - 8:00 am-5:00 pm only)
(402) 472-8383

FAX (402) 472-8080
bstelzer@unl.edu

PARENT OPEN FORUM



Tuesday, May 31, 2021 @ 6:30-8:00pm

Wednesday, June 1, 2021 @ 6:30-8:00pm

⇒ This is an excellent opportunity for parents to ask questions and share information regarding their child's expectations. Information regarding your child's participation in Husker Summer Camps will be provided, including activities, camps' structure, what to bring each day, camp policies and procedures.

MATERIAL TO BE RETURNED

You should have received an email from DocuSign.com containing the following forms:

- Guardians Waiver and Release of Liability form
- Youth Activity Safety Policy Notification form
- Supplemental Information/Check Out Authorization form
- Camper Code of Conduct form

If you have not yet received these forms, please give us a call at 402-472-8383!

Please complete these forms **before your first day of camp.**

The Guardian Waiver and Release of Liability form and Youth Activity Safety Policy Notification form are required by the University Risk Management office to attend Campus Recreation Husker Summer Day Camps.

WHAT TO BRING EVERY DAY

Clothing and Shoes

Campers should come to Husker Summer Camps dressed for a full day of activity. We recommend outdoor activity clothes and athletic shoes (No sport-sandals or open-toed shoes). Please survey what your child brings to camp in the morning to avoid lost items.



Water Bottle

Water is a vital component when physically active. Parents are asked to send a water bottle/squeeze bottle each day, labeled with your child's name. Please encourage your child to drink water while they are attending camp.



Sunblock

Your child will participate in outdoor activities everyday. For protection from the sun's rays, we recommend applying SUNBLOCK (SPF #15 or higher recommended) on your child, prior to arrival. You may also send sun block with your child. Sun block is most effective when applied one half hour before exposure.



Swimming Gear

Husker Kids will need swimming apparel on almost every day! Check the session newsletter for specific days.

Please pack a SWIMSUIT and TOWEL (labeled) for your child for each swim day.



Backpack/Gym Bag

A backpack, gym, or book bag is recommended for your child's belongings. Please label all of your camper's items with his or her name.

Lunch

Please pack your child a lunch each day in small coolers (recommended), lunch boxes or lunch bags. Lunch is not provided and refrigeration is not available.

FACILITIES

Your child's day will begin and end at the Campus Recreation Center. Activities will take place at various indoor and outdoor locations on campus. Regularly scheduled swimming will be held at an indoor pool located on campus with lifeguards on duty.

ARRIVING AT CAMP

Check-in Procedures



Children will be checked in curbside at the "Husker Summer Camps" table just south, outside the Campus Recreation Center in the Memorial Stadium Loop (see map on last page of this guide). Check-in will be conducted from 7:15 am - 8:40 am.

Staff is not available until 7:15; be advised that we cannot be responsible for your child until this time.

Signing your child in at any other time must be done in the Campus Recreation Intramural office #56 (see map). NOTE: 14th Street will have intermittent closing. You may need to take W St. to access us.



Late Arrivals

ALL late arrivals (after 8:40 am) are handled at the Campus Recreation Intramural Office, located at the 14th Street entrance (see map).

NOTE: Do not park in the fire lane.

Upon arrival, parent/child should check in with the administrative office assistant and sign in on the clipboard located at the reception desk.

Children will be shuttled to activity sites by the Husker Summer Camps staff three approximate times throughout the camp day.

10:00 Noon 2:00

We recommend that if you must arrive late to camp that you do so as close to a shuttle time as possible. This will alleviate the greatest amount of down time for your child.

DEPARTING FROM CAMP

Early Departures

Advanced notice must be given in **writing via email** at least one day prior to accommodate an early departure.

ALL early departures (before 3:55 pm) are handled at the Campus Recreation Intramural Office, located at the 14th Street entrance (see map).

We will require the person at pick up to sign out the camper.

Please call with an expected time of arrival to ensure timely transport of your camper.

Only guardians listed on the Check-out Authorization form will be permitted to sign the camper out early, **even if listed as Self-Checkout.**



Check-out Procedures

Parents may choose from two check-out authorization plans.

Self Check-Out Authorization Plan: Children with this option will be allowed to sign themselves out to leave the camp program at 4:00 pm or at your designated pick-up time. Requests to change your submitted pickup time must be submitted in writing.

Guardian Check-Out Authorization Plan: Guardians who choose this option are required to sign-out their child. Children will only be allowed to leave with authorized persons, **ID required each day.** Requests for sign-out exceptions must be made in writing.

Check-out will be conducted from 4:00 - 4:15 pm.

Registration for the extended program allows check-out from 4:15 - 5:35 pm. Families are asked to remain in your vehicles while Staff Come to check your ID.

Please refer to the Check Out Authorization form in your Docusign packet to designate Self Check-Out or Guardian Check-Out.

PARKING

All families are asked to remain in their vehicle for pick-up. Guardians working on campus or within walking distance may walk up to checkout stations.

Metered parking is available for those families wishing to stay on campus after pick up.

Campus Recreation is not responsible for parking violation tickets.

EXTENDED PROGRAM

The Extended Program operates from 4:15 - 5:35 pm
(Additional \$15/session/child fee required).

This portion of Campus Recreation Summer Camps is supervised with minimal programming. Children will be asked to relax and participate in low activity games.

This additional supervision is intended to be a convenience for the parents whose work schedules do not permit them to pick-up from 4:00 - 4:15 pm.

As a reminder from the valuables section of the Camp Survival Guide, items such as collector cards or hand held video games are not appropriate for camp or during extended program times.

LATE FEES FOR PICK UP

Your child should be checked out by 4:15 pm (if not signed up for the Extended Program) or by 5:35 pm.

If your child is not picked up by these times, a late fee of \$5.00 for the first 15 minutes will be assessed. After the first 15 minutes, the late fee will be \$1.00 for each additional minute.

PAYMENT INFORMATION

Session registration is held by the \$25 deposit and applied towards the total session fee. **Your balance must be received in full on or before the payment deadline by 5:30 pm to avoid your child's camp session being cancelled.** The individual identified as *Parent #1* on the enrollment form is responsible for all balances associated with the account.

**Sessions 1-3
Friday
May 13**

**Sessions 4-6
Friday
June 17**

**Session 7-8
Friday
July 15**

Session registration will be CANCELLED if payment is not received in full by the due date.

Camp fees may be paid by cash, check, Visa, MasterCard, Discover or NCard. Checks should be made payable to the University of Nebraska Campus Recreation.

To qualify for the member rate, the parent/guardian must be a Campus Recreation member from enrollment through the duration of camp the child is enrolled in.

CANCELLATIONS & REFUNDS

If your plans change and you need to cancel your child's registration from a camp session, you will receive a refund less the \$25 deposit if Campus Recreation is notified in writing at least one week prior to the camp session. After that time, there will be no refund.

All cancellations must be made in writing.

Payments and deposits are non-transferable to other sessions.

MEDICATION

If medication of any type (over the counter or prescription) is required, it must be administered by the Campus Recreation Summer Camp Staff.

Campers may not carry medication with them, including all over the counter medicines.



A “[Participant Medication and Instruction Form](#)” must be completed by the parent/guardian.

All medication must be in its original container.

Forms will be available at Check-in/out and the Parent Open House or emailed through DocuSign.

ACCIDENTS & EMERGENCIES

In the case of an emergency or accident involving your child, you will be notified, following notification of the appropriate emergency personnel. All members of the camp staff are certified in Adult & Child CPR, AED and First Aid and have also been trained in emergency procedures at all locations.

ILLNESS

If your child should become ill while at camp, you will be notified. We do not have a registered nurse on staff, therefore, we will ask you to make the decision whether to remove your child from the program for the day. We ask for your discretion on bringing your child to camp if he/she is ill. Please note that we have additional precautions due to COVID-19. These are detailed on the following pages.



COVID-19 ACTION PLAN

Disclaimer: All COVID-19 Policies are subject to change as campus guidance changes.

The University of Nebraska-Lincoln works with the Lincoln Lancaster County Health Department to determine campus policies, but may not mirror local Directed Health Measures. For a full and current list of campus polices, please visit:

<https://studentaffairs.unl.edu/student-affairs-person-event-guidance>

<https://covid19.unl.edu/guidelines-youth-events>

Families must agree that they will not bring children to Husker Kids/Husker Adventures if (1) the child is displaying any [symptoms of COVID-19](#), (2) anyone in the child's immediate family/household is displaying symptoms, or (3) the child has had known exposure to COVID-19 within the last 10 days.

NOTE: Need to quarantine and participation depends on vaccination status. Please refer to the Youth Events website above for current policies.

Responding to Illness and Symptoms of COVID-19

Isolation Areas – If a child becomes symptomatic throughout the day, we will have an isolation space to ensure no contact with others. The child will be closely cared for by a staff member and parents will be contacted immediately. Parents are expected to pick up their child no later than one hour after notification.

Returning to Camp – Children exhibiting the symptom(s) consistent with COVID-19 and have NOT been seen by a health care provider or NOT been COVID-19 tested must be excluded for at least 10 days from symptom onset AND fever free for 24 hours without fever reducing medication AND improvement in symptoms.

(continued on following page)

COVID-19 ACTION PLAN

Responding to Illness and Symptoms of COVID-19 (Continued)

Returning to Camp – Children exhibiting the symptom(s) consistent with COVID-19 and have been seen by a health care provider or have completed a COVID-19 test:

COVID-19 Test Results – Individuals must stay home from the time the test is done until results received

- Positive Test – Individual must isolate, meaning stay home at least 10 days AND fever free for 24 hours without fever reducing medication AND improvement of symptoms
- Negative Test – Individual must stay home until fever free for 24 hours without fever reducing medication AND improvement of symptoms
- **Alternative Diagnosis (no COVID-19 Test)**
 - ◇ Alternative Diagnosis with a Positive Test Result (example: Flu, Strep, etc.) rules out COVID-19 – Individual must remain home until cleared by a physician (no note required).
 - ◇ Alternative Diagnosis without a test – Individual must remain home until cleared by a physician. When the LLCHD risk dial is Orange or Red, the individual must be excluded for 10 days from symptom onset AND fever free without fever reducing medication AND improvement of symptoms.

COVID-19 ACTION PLAN

WHAT HAPPENS IF A CASE IS CONFIRMED INVOLVING CAMP:

Notification Process – The Lincoln Lancaster County Health Department will be contacted immediately.

Notification - Notification and contact tracing will follow the approved UNL Campus COVID-19 Campus Notification process. Communication to all staff, students, and parents will occur in a timely manner based on the approved UNL campus process.

Dismissal of Camp Operations and Closure – If notification occurs during open hours of operation and closure is deemed necessary, the UNL Husker Kids Camp will close immediately and all parents/guardians will be notified and required to pick up their children within 60 minutes. The UNL Husker Kids Camp will consult with the Lincoln Lancaster County Health Department on closures of camp locations and appropriate disinfecting and reopening procedures per local and CDC guidelines.

Clean and Disinfect - The UNL Husker Kids Camp will be cleaned and disinfected during the time UNL Husker Kids Camp is closed following [CDC guidelines](#). Following the closure and cleaning and disinfecting, the UNL Husker Kids Camp will reopen for individuals that are not directly impacted by COVID-19 or were identified as a close contact, requiring quarantine per the Lancaster County Health Department.

COVID-19 ACTION PLAN

Confirmed COVID-19 Case – Return back to the UNL Husker Kids Camp: Individuals that have confirmed COVID-19 must follow the [CDC recommendations for discontinuing isolation](#) prior to returning to the UNL Husker Kids Camp.

Symptom-based strategy – Persons with COVID-19 who were directed to care for themselves at home may discontinue isolation and return to the UNL Husker Kids Camp under the following conditions:

- At least 10 days since symptoms first appeared and
- At least 24 hours with no fever without fever-reducing medication **and**
- Other symptoms of COVID-19 are improving

Confirmed COVID-19 Case Close Contact—Quarantine Guidance

Current recommendations for quarantine can be found here:

<https://covid19.unl.edu/quarantine-information>

- After day 10 without testing
- After day 7 after receiving a negative test result (test must occur on day 5 or later)

After stopping quarantine, you should

- Watch for symptoms until 14 days after exposure.
- If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.
- Wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to prevent the spread of COVID-19.

FOOD

Lunches

Lunch begins around 11:30 am each day. Lunches should be brought in small coolers (recommended), lunch boxes or lunch bags. Refrigeration is not available. When packing your child's lunch please put his/her name on the cooler/bag.

Please help us in making sure your child has the energy needed to enjoy camp by making sure they eat a good breakfast and have a substantial lunch packed.



Snacks

A snack such as fruit chews, cookies, chewy granola bars, or pretzels and juice boxes are provided at mid-morning. The morning snack is meant to be a supplement and not a substitute to a nutritious breakfast and lunch.

A small afternoon treat is also provided. Typically this will be a popsicle, fruit rollup, or candy selection.



Parents may provide a small snack for the extended program if they feel it is necessary for their child.

Food allergies need to be articulated on the Supplemental information form and you may be asked to provide an appropriate allergen-free snack. (*yellow form*)

Vending Machines

Vending machines are NOT available to participants during Campus Recreation Summer Camps or during the extended program time. We request that you refrain from sending money to camp with your child.

SUMMER CAMP SOUVENIR T-SHIRT

Each camper will receive one complimentary Husker Summer Camps T-shirt as a keepsake for attending camp. T-shirts will be distributed at the first session for which the camper is enrolled.



**T-shirts from previous camp seasons will be available for sale. Please speak with the supervisor if interested.

***Registration after the start of camp cannot guarantee all shirt sizes will be available.

ACTIVITIES

Huskers Kids

Activities will vary each session based on available facilities and weather. Activities are sport-based in nature. Our goal is to provide a supportive and enjoyable environment where learning and fun can go hand in hand. Specific sport instruction is not a goal of the camp. A typical day at Husker Kids as been described as a “fun PE class that lasts all day.”

Valuables

No cell phones or iPods are allowed at camp. We request that your child leave all items of sentimental or monetary value at home. This may include collector cards, hand held video games, sports equipment, money, etc. Items that are not appropriate for camp will be confiscated and locked in the camp support office until check-out.

Campus Recreation cannot be responsible for lost or stolen items.

DISCIPLINE/BEHAVIOR MANAGEMENT

At the Husker Summer Camps, we are aware that there will be a time when a camper has a difficult day. First and foremost, we want to quickly resolve any conflicts and keep your child involved in the activities.

On occasion, it may be necessary to give the camper a chance to re-group away from the activity area. If your child still has difficulty in a situation you will be notified by way of an incident report sent home with your child and/or a phone call.

If the behavior persists and conflicts can not be resolved, or the situation merits, you will be contacted immediately and the incident(s) may result in suspension from the program. In some repeat situations, expulsion may result.

We are not a child care facility and do not have the staff for one-to-one supervision. Therefore, if there is a behavior incident that requires removal from the day's activities and you are not available, your emergency contact will be asked to come pick up your child.

Please read and return the Camper Code of Conduct found in your packet.

ACTIVITY GROUPS

One of our goals at Husker Kids and Husker Adventures is to promote individual growth. We feel that exposure to other children and new experiences is one way to achieve this goal. Hence, specific small group requests will not be honored. Husker Kids campers are grouped according to the grades they will be entering in the fall. Husker Adventure groups are a random mix of the registered participants. Most campers will be with the other camper they have requested due to the fact they are entering the same grade.

There is time designated for small group development and we encourage you to visit with your child about the opportunity to make new friends

COMMUNICATIONS

Electronic Mail

If you would like to email us feel free to do so:
Brian Stelzer—bstelzer@unl.edu
Logan Kahler—lkahler2@unl.edu



Website

Husker Kids will post schedules and newsletters on the Campus Recreation web site. You can find the link to the Husker Summer Camps page at <http://crec.unl.edu/youth>. Please visit the website for more information.

Newsletter

A weekly newsletter will be available the Thursday prior to the next session of camp. It will feature upcoming field trips, reminders, and the upcoming session's activities. Newsletters will be posted on the website and electronically mailed to families.

Contacting Your Child During Camp

If you have an emergency and need to contact your child during the camp, call the Campus Recreation office at (402)472-3467.

The camp hotline number is **472-8383** for absences, messages and general information.

This number is **ONLY** active **8:00am-5:00pm**.

Cell Phones

Campers are not allowed to carry cell phones during camp program time. Please do not allow your child to bring these items to camp.



If your child needs to walk to an office or needs to carry a cell phone to call a parent/guardian after camp, please contact a camp coordinator prior to the start of the camp session.

YOUTH ACTIVITIES SAFETY GUIDELINES

Husker Summer Camp Staff

Our energetic and well-qualified staff are ready to spend an exciting summer with the campers. The staff is comprised of UNL professionals, certified school teachers, and highly motivated college students.

The University of Nebraska-Lincoln has implemented a Youth Activity Safety Policy to provide a safe environment for youths participating in activities, clinics or conferences.

Our policy includes safe interaction guidelines including sex offender registry checks for Husker Summer Camp staff. This policy will help to protect participating youths from potential misconduct incidents and help provide a safe, educational and enjoyable activity/program experience.

The following items are completed for our Husker Summer Camps staff prior to the start of our activities.

- All Husker Summer Camp staff must successfully pass a sex offender registry search for Nebraska and the state(s) they reside.
- All Husker Summer Camp staff driving activity vehicles must successfully pass a Driving Record Check.
- *All UNL activities will comply with UNL's Youth Activities Safety Guidelines.*

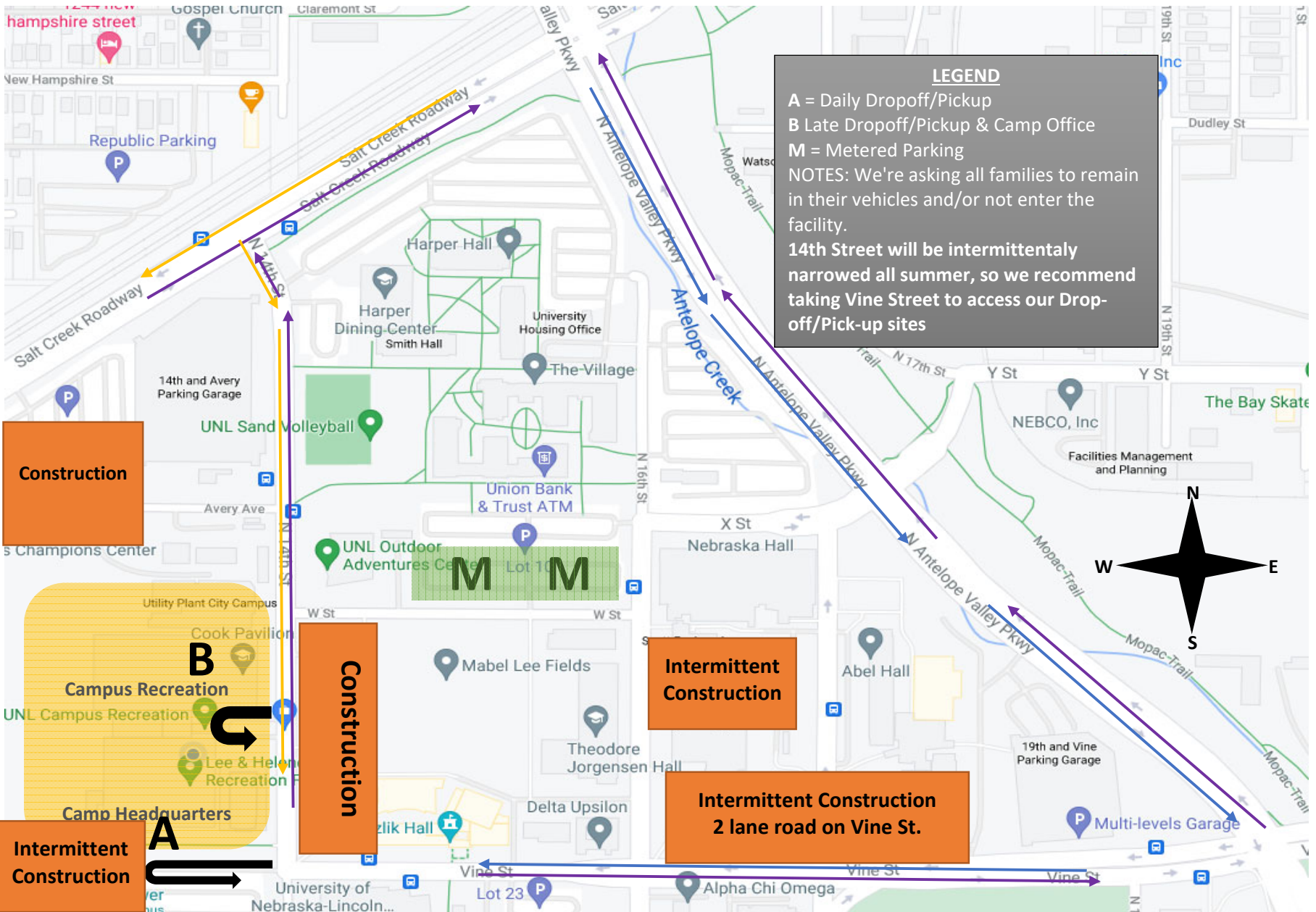
<http://police.unl.edu/campus-youth-activity-safety-policy>

Disciplinary Action

Per our Youth Activities Safety Guidelines, activity directors of University-sponsored activities, clinics and conferences reserve the right to immediately dismiss any youth from the activity, clinic or conference who is found to have violated behavioral expectations. Dismissed youth will be sent home at their expense (if applicable) and will be responsible for all other expenses associated with their dismissal. Parent(s)/Guardian(s) will be immediately notified of the youth's dismissal.

NOTES





LEGEND

A = Daily Dropoff/Pickup
 B Late Dropoff/Pickup & Camp Office
 M = Metered Parking

NOTES: We're asking all families to remain in their vehicles and/or not enter the facility.
 14th Street will be intermittently narrowed all summer, so we recommend taking Vine Street to access our Drop-off/Pick-up sites



