

What Does EDEP Do?

We reach hundreds of UNL students, family, faculty, staff, alumni, and community members annually by promoting healthy living through bulletin boards, booths in the Union, bimonthly meetings, and our local presentations.

Room with a View is an educational display presented annually during the fall semester. The display portrays the life of someone with an eating disorder.

Eating Disorder Awareness Week is a national outreach campaign promoted by the National Eating Disorder Association. The goal is to make a difference on campus by promoting and sustaining a healthy environment in which all students can develop positive self-esteem and self-respect based on wellness principles.

Meeting Information

The EDEP student organization welcomes you to join their team. Be involved by joining us for meeting, the 1st and 3rd Wednesday of every month at 6:30 p.m. in the Nebraska Union.

Our Mission

The mission of EDEP is to encourage students to move toward a more accepting attitude of body size and shape; to educate in the areas of eating disorders, body image, and wellness; and to provide resources as well as referrals on campus.



(Room with a View display)



(EDEP members receive Chancellor's Award for supporting women on campus)

- **GPPA:** Greeks Promoting Positive Attitudes is a liaison group with representatives from Greek Houses. Their mission is to educate Greek members about prevention and treatment of eating disorders and promote healthy attitudes about self and body image.

GPPA was created by EDEP in order to support Greek organizations that are agents for prevention of negative cultural messages.

- **SHINE:** Students Helping Individuals Nurture Esteem was created by EDEP in an effort to educate students in areas related to prevention and treatment of eating disorders, and to promote healthy attitudes about self and body image.

SHINE peer educators are trained to give informative presentations on topics such as Eating Disorders, Body Image, Excessive Exercise, Media Advocacy, and Wellness.

For a current list of presentations, please see website.

Contact Information

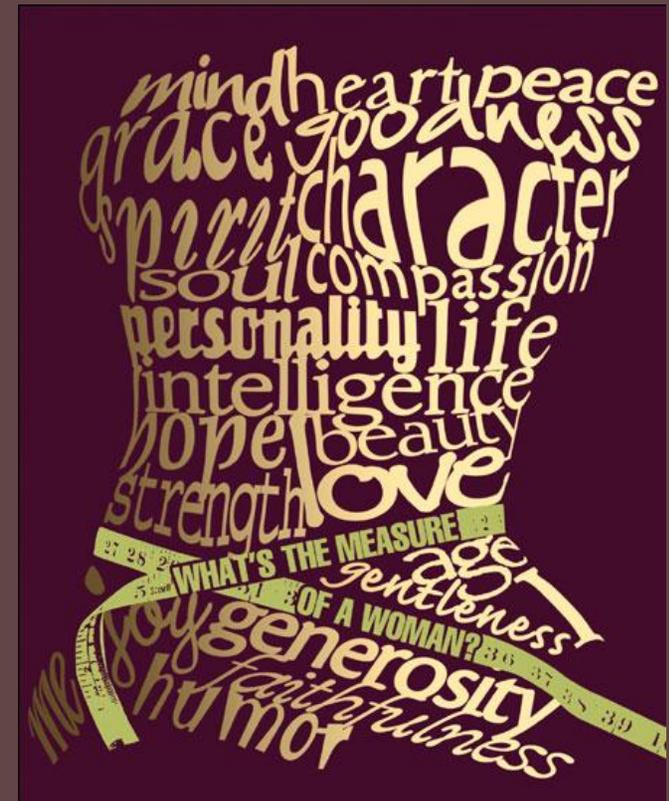
Eating Disorder Education and Prevention

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UNL is an equal opportunity employer with a comprehensive plan for diversity.



(Image credit:NEDA)

Eating Disorder
Education and
Prevention
(EDEP)