**UNIVERSITY OF NEBRASKA INTRAMURAL SPORTS**

**WRESTLING MEET**

**INTRAMURAL SPORTS OFFERS:**
- 150 Organized Sport Leagues
- Different Skill Levels
- Student and Faculty/Staff Teams
- Men, Women, and Co-Rec Leagues
- Individual, Dual, and Team Divisions

For team sports, students can participate on residence hall or Greek teams, or as independent teams (student organizations and/or friends).

**REGISTRATION:**
View events and deadlines online at crec.unl.edu/im. Register during specified entry periods at the Intramural Sports office in the Campus Rec Center, at the Recreation & Wellness Center on East Campus.

**INFORMATION:**
UNL does not discriminate based upon any protected status. Please see go.unl.edu/nondiscrimination. Campus Recreation welcomes persons with all abilities. Please inquire about the availability of accommodations for special needs. For more program information, visit a Campus Recreation facility, call 402-472-3467, or visit crec.unl.edu. Campus Recreation attempts to fulfill all published information, however changes may occur.

**INQUIRIES:**
Intramural Sports office
56 Campus Recreation Center
402-472-8383
IM Sport-Nebraska
crec.unl.edu

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**SPRING 2019**

**DIVISION: M/W**

**DEADLINE: FEB. 14**

**ENTRIES:**
Participants must enter and weigh in Thursday, February 14, at the Campus Recreation Center between the hours of 11:00 am-2:00 pm. Check in at the Intramural Sports Office. Participants will wrestle all matches on Sunday, February 17, from 1:00 pm-5:30 pm. Matches will be wrestled in the Campus Rec Center Combative Arts Room.

**WEIGHT CLASSES:**
The weight classifications for MEN are: 125, 133, 141, 149, 157, 165, 174, 184, 197, 225, and Unlimited.
The weight classifications for WOMEN are: 103, 112, 119, 125, 133, 141, 149, 157, 165, 174, and Unlimited.

There will be a two pound allowance for certification of weight the day of the event.

**DATE & TIME:**
Sunday, February 17, 2019 from 1:00 pm-5:30 pm in the Campus Rec Center Combative Arts Room

**PROCEDURE:**
**WEIGH-INS:**
The Campus Rec Center men’s and women's Locker rooms will be the site of weigh-ins. Each participant must weigh-in between 11:00 am-2:00 pm on Thursday, February 14. Participants should first check in at the Intramural Sports Office. A two pound weight allowance will be accepted on Sunday, February 17.

**EQUIPMENT:**

**MATCHES:**
A match will consist of three periods. 1st period will be 1.5 minutes. The 2nd and 3rd periods will be .1 minute each.

**TEAMS/SCORING:**
a. Team points will be awarded:
   1st place-16
   2nd place-12
   Semi-Finalist-8

   b. Advancement points: one team point will be scored for each match won in the championship brackets, with the following exceptions:
   1) The first place match
   2) No advancement points will be awarded for a first round win or bye.
   3) If a wrestler forfeits, all advancement points awarded to that participant will also be forfeited.

   c. An additional point will be awarded for each match won by default, forfeit, or disqualification after the first round. Additionally, one-half point will be awarded for each match won by ten or more points after the first round.

   d. No riding time (advantage time) will be kept.

   e. No consolation matches will be wrestled to determine the 3rd place finisher.

**ID CARDS:**
A current UNL I.D. will be required of each participant prior to participation.

**AWARDS:**
Intramural Sports Champion shirts will be awarded to the top finisher in each division.

**ALL-UNIVERSITY:**
Placement points will be awarded on the basis of the top four finishers per organization.

**MISCELLANEOUS:**
Participants should be aware that there is a risk of injury in participation of intramural sports due to the inherent nature of the activity. Individuals are encouraged to have a physical examination and obtain adequate health and accident insurance prior to participation. Individuals participate in intramural sports at their own risk.

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**Chicken Fingers**