INTRAMURAL SPORTS OFFERS:
- 150 Organized Sport Leagues
- Different Skill Levels
- Student and Faculty/Staff Teams
- Men, Women, and Co-Rec Leagues
- Individual, Dual, and Team Divisions

For team sports, students can participate on residence hall or Greek teams, or as independent teams (student organizations and/or friends).

REGISTRATION:
View events and deadlines online at crec.unl.edu/im. Register during specified entry periods at the Intramural Sports office in the Campus Recreation Center, at the Recreation & Wellness Center on East Campus.

INFORMATION:
UNL does not discriminate based upon any protected status. Please see go.unl.edu/nondiscrimination. Campus Recreation welcomes persons with all abilities. Please inquire about the availability of accommodations for special needs. For more program information, visit a Campus Recreation facility, call 402-472-3467, or visit crec.unl.edu. Campus Recreation attempts to fulfill all published information, however changes may occur.

INQUIRIES:
Intramural Sports office
56 Campus Recreation Center
402-472-8383
IM Sport-Nebraska
crec.unl.edu

A service of the Division of Student Affairs.

UNIVERSITY OF NEBRASKA INTRAMURAL SPORTS
WRESTLING MEET

SPRING 2020 DIVISION: M/W DEADLINE: FEB. 20

ENTRIES:
Participants must enter and weigh in Thursday, February 20, at the Campus Recreation Center between the hours of 11:00 am-2:00 pm. Check in at the Intramural Sports Office. Participants will wrestle all matches on Sunday, February 23rd, from 1:00 pm-5:30 pm. Matches will be wrestled in the Campus Rec Center Combative Arts Room.

WEIGHT CLASSES:
The weight classifications for MEN are: 125, 133, 141, 149, 157, 165, 174, 184, 197, 225, and Unlimited.
The weight classifications for WOMEN are: 103, 112, 119, 125, 133, 141, 149, 157, 165, 174, and Unlimited.
There will be a two pound allowance for certification of weight the day of the event.

DATE & TIME:
Sunday, February 23rd, 2020 from 1:00 pm-5:30 pm in the Campus Rec Center Combative Arts Room

PROCEDURE:
WEIGHT-INS:
The Campus Rec Center men's and women's Locker rooms will be the site of weigh-ins. Each participant must weigh-in between 11:00 am-2:00 pm on Thursday, February 20th. Participants should first check in at the Intramural Sports Office. A two pound weight allowance will be accepted on Sunday, February 23.

AWARDS:
A current UNL I.D. will be required of each participant prior to participation. Intramural Sports Champion shirts will be awarded to the top four finishers per organization.

ALL-UNIVERSITY:
Placement points will be awarded on the basis of the top four finishers per organization.

MISCELLANEOUS:
Participants should be aware that there is a risk of injury in participation of intramural sports due to the inherent nature of the activity. Individuals are encouraged to have a physical examination and obtain adequate health and accident insurance prior to participation. Individuals participate in intramural sports at their own risk.

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ID CARDS:
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AWARDS:
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c. An additional point will be awarded for each match won by default, forfeit, or disqualification after the first round. Additionally, one-half point will be awarded for each match won by ten or more points after the first round.
d. No riding time (advantage time) will be kept.
e. No consolation matches will be wrestled to determine the 3rd place finisher.

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