INTRAMURAL SPORTS OFFERS:
- 150 Organized Sport Leagues
- Different Skill Levels
- Student and Faculty/Staff Teams
- Men, Women, and Co-Rec Leagues
- Individual, Dual, and Team Divisions
For team sports, students can participate on residence hall or Greek teams, or as independent teams (student organizations and/or friends).

REGISTRATION:
View events and deadlines online at crec.unl.edu/im. Register during specified entry periods at the Intramural Sports office in the Campus Rec Center, at the Recreation & Wellness Center on East Campus.

INFORMATION:
UNL does not discriminate based upon any protected status. Please see go.unl.edu/nondiscrimination. Campus Recreation welcomes persons with all abilities. Please inquire about the availability of accommodations for special needs. For more program information, visit a Campus Recreation facility, call 402-472-3467, or visit crec.unl.edu. Campus Recreation attempts to fulfill all published information, however changes may occur.

INQUIRIES:
Intramural Sports office
56 Campus Recreation Center
402-472-8383
IM Sport-Nebraska
crec.unl.edu


ENTRIES:
Sign up on site. Co-Rec partners must be determined and sign up prior to the event. Co-Rec scores will be calculated by adding male and female scores together.

DATE & TIME:
Sunday, October 6th 2019 from 4:00 p.m. to 8:00 p.m. at Mabel Lee Fields

PROCEDURE:
Each participant will be allowed two trials at each event. He/she will be required to punt, pass, and kick down a straight line. The best attempt at each discipline will be added to determine a total score.

EQUIPMENT:
All necessary equipment will be supplied by Campus Recreation. Participants must use the equipment provided. Women may use intermediate sized footballs if they desire. Special kicking shoes may be worn provided the use of such does not delay the contest. Participants may not practice with event equipment but may bring their own practice equipment.

RULES:
Rules are available at 56 Campus Recreation Center or can be found on the web under the Calendar link.

ID CARDS:
A current UNL I.D. will be required of each participant prior to participation.

AWARDS:
Intramural Sports Champion shirts will be awarded to the top finisher in each division.

MISCELLANEOUS:
Participants should be aware that there is a risk of injury in participation of intramural sports due to the inherent nature of the activity. Individuals are encouraged to have a physical examination and obtain adequate health and accident insurance prior to participation. Individuals participate in intramural sports at their own risk.

INCLEMENT WEATHER:
Games canceled due to inclement weather will be rescheduled when possible. Decisions as to playability of the facilities will be made at 3:00 p.m. weekdays and 12:00 p.m. on weekends. For the latest information regarding game cancellations log on to our Facebook page at IM Sports-Nebraska.