



Campus Recreation

Expectations & Etiquette

- UNL Campus Recreation recognizes and celebrates the human differences that surround us. We create a respectful environment that facilitates an open exchange of ideas, nurtures creative expression, and values the intrinsic worth of each individual. Join us in embracing this philosophy by treating everyone with respect and kindness.
- Current and valid UNL I. D. Card required to enter.
- Visitors must pay guest fee & present a photo I.D.
- The possession, use and/or distribution of alcoholic beverages, drugs, tobacco products, and dangerous weapons are not allowed in any facility, as defined by the University's Student Code of Conduct. Vapor- and e-cigarettes are prohibited.
- Roller blades/skates, scooters, and skateboards may not be used.
- Bicycles, mopeds, and motorcycles are prohibited from being brought into/used inside campus buildings as defined by university regulations. Motorcycles and mopeds must be parked in designated parking areas; bicycles must be stored in the racks provided outside the facilities.
- No photography or video filming is permitted without an approved Campus Recreation media pass.
- Campus Recreation is not responsible for any personal items left unattended and/or unsecured in any facility. Personal items can be secured in day-use lockers or rented lockers.
- Personal training (individually or in a group) is only allowed with a designated Campus Recreation employee.
- Only spill-resistant and shatterproof drinking bottles are allowed in activities spaces.
- Athletic (non-marking) shoes are recommended for recreational activities. Metal on the bottom of any footwear is prohibited in all facilities (spikes, taps, etc). No sandals, open-toed shoes, or boots are allowed during activities.
- No striking, kicking, or hitting of other patrons or staff.
- Throwing of medicine balls against walls, floors, or turf is prohibited during open recreation.
- No spitting on floors, walls, stairwells, turf, water fountains, or restrooms sinks.
- Headphones must be used with personal radios and electronic listening devices.
- Animals are not permitted in facility, except trained service animals.
- Use personal equipment according to manufacturer's instructions and at your own risk.
- Wipe down & clean equipment after use with disinfectant spray and towels (provided in exercise areas).
- Youth age 6 years and older must use respective restrooms & locker rooms.
- Youth age 15 years and younger must be accompanied and directly supervised by an adult age 19 years or older.
- Do not engage in any activity that will endanger yourself or other patrons.
- It is the user's responsibility to follow & obey all posted rules, instructions, and authorized supervision. Failure to abide by these policies, regulations posted in facilities, or requests made by any campus recreation employee can result in ejection or suspension from building and program privileges.

Specific activity areas may have additional expectations.

Mabel Lee Pool Regulations

- The expectations listed below are in addition to Campus Recreation's General Expectations & Etiquette.
- No swimmers may enter the natatorium without an aquatic staff member present.
- The Emergency Alert System is one long whistle blast. All swimmers must exit the pool immediately upon the sound of one long whistle.
- No person is permitted to use the pool without first having taken a warm water shower, using soap.
- Swimmers with an obvious communicable disease, skin eruption, cut, sore or lesion, eye, ear, nose or throat infection are prohibited from using any public swimming pool.
- Proper swimwear must be worn at all times. Street shoes are restricted from the pool deck areas.
- Bandages and casts may not be worn in the pool.
- Spitting, water spouting, and nose blowing in the pool, gutters, and deck areas are prohibited.
- Hyperventilation or the holding of one's breath underwater for an extended period of time can be extremely dangerous and is therefore prohibited. (Extended period of time = 30 seconds or a distance of 25 yards)
- Horseplay and exhibitions that could jeopardize personal safety or the safety of others is prohibited.
- Circle swim procedures will be implemented at the discretion of the lifeguard.
- Throwing objects in the pool is not allowed during lap and circle swim times.
- Equipment stored at the pool must remain at the pool.
- Only U.S. Coast Guard approved personal floatation devices permitted. Personal rafts and floatation toys are prohibited.
- Only individuals who swim sufficiently may use the deep water. If a lifeguard determines an individual is unable to swim sufficiently, the lifeguard has the right and responsibility to remove the individual from the deep water.
- An adult 19 years of age or older must actively supervise and be within arm's reach of children under the age of 6 and/or children who cannot pass a swim test administered by a lifeguard.