

Campus Recreation Advisory Council
Meeting Minutes
Campus Recreation Center, Suite 230, Conference Room C
November 8th, 2016; 4:30 PM

Roll was called by Secretary Stradinger

Present: Jonathan Berger, Bryan Brunson, Jim Glover, Maggie Haverland, Aisha Lee, Kay McClure-Kelly, Brook McCluskey, Hanna Rogoz, Gabe Ryland, Courtney Schnell, Jim Steadman, Ali Stradinger, Abbie Tlustos, and Lauren Tobias

Also Present: Stan Campbell, Director; Deb Johnson, Advisor; Kelsey Whittaker, Strength Training and Conditioning Coordinator; and Shannon Vaccaro, Assistant Director for Sport Clubs and Youth Activities

Absent: Todd Leutzinger, Margo Young (excused)

President Berger called the meeting to order at 4:32 PM

- I. Review and Approval of October 25th, 2016 Meeting Minutes
Meeting minutes were approved without objection.
- II. Open Forum and Announcements
 - A. Intramural Sports Football Pick'em Contest Winner (Stan Campbell)
Maggie Haverland was the Football Pick'em winner this week and received her prize from Deb Johnson.
- III. Committee Reports
 - A. Business Operations & Human Resources (Abbie Tlustos & Jim Steadman)
Rod Chambers is currently working through the general processing phase of budget requests, which will be completed in the coming weeks. He is not expecting many additional requests for funding; however, there is still concern with the anticipated increase in health insurance expenses. He does not anticipate any new positions being requested.
 - B. Development & Communications (Maggie Haverland, Brook McCluskey, & Kay McClure-Kelly)
Gabe Ryland and Scott Wagner will be continuing Deb Johnson's development role at Campus Recreation until her position is filled. The contract with University Housing relations ends in December of 2016. If it is not renewed this may open new opportunities with private housing facilities near both City and East Campuses. The alumni dinner held in conjunction with the Regional Flag Football Tournament this past weekend had low attendance, but was successful nonetheless. A partnership with NIRSA is currently taking place in which activation cards will be distributed for the League of Legends game. Deb is considering holding an Advisory Council cookie baking night on December 10th or 11th,

if there is interest. Campus Recreation currently has sponsorship agreements with Raising Cane's and Jersey Mike's. Deb hopes to renegotiate one with the University of Nebraska Credit Union before she leaves in December. Scott will become Gabe's supervisor when Deb leaves and Megan Choiniere will be taking over Deb's role with our Scooter's operation. Lauren Tobias will become our student Scooter's manager once Abbie Tlustos graduates. Scooter's winter drinks go on sale on Monday, Nov. 14.

C. Facilities Planning and Operations (Bryan Brunson & Margo Young)

Campus Recreation Facilities Planning and Operations is now completely staffed. The construction of the outdoor restrooms at Paul Hall at Whittier are progressing. The 17th and Vine lighting project will begin Monday, Nov. 14. The 17th and Vine replacement courts are also in the design phase, while the East Campus court replacements are currently being discussed with the Chancellor's Administrative Team. At the Campus Recreation Center, punch list items for the inclusive locker room project are still to be completed. The Member Services desk and atrium renovation will commence in early May of 2017. The LED light replacement is also underway near the Combative Arts and Fitness/Aerobics rooms. There is also discussion taking place regarding options for the Textron property and replacement of recreation spaces that will be lost due to the Mabel Lee Hall renovation.

D. Group Fitness (Lauren Tobias & Todd Leutzinger)

Group Fitness has partnered with University Dining Services to provide fitness classes. The first event with the partnership with Dance Marathon will be tonight. Spirit Week was held October 24th-28th and individuals who dressed up and brought a friend to class received prizes. Currently, a lower average participation in classes is being seen, as the goal was to increase the number of classes offered each week. However, it appears as if about the same population of individuals is now being spread over a larger number of classes. The only heavy bag at CREC is in the Combative Arts room, which cannot be utilized by others when classes are occupying the room. Suggestions are welcomed for a new heavy bag location that would allow more individuals to access the bag.

E. Injury Prevention and Care (Bryan Brunson & Jim Steadman)

Two new licensed massage therapists have been hired. We now have one male masseuse among our five therapists. Massage Therapy Week was held October 24th-28th. IPC provided coverage for the Regional Flag Football Tournament this past weekend. IPC is considering an increase in the cost of the 10-week Athletic Training Basics course for students from \$30 to \$50 to cover the cost of supplies used during the course.

F. Instructional Outreach & Aquatics (Gabe Ryland & Margo Young)

The academic class numbers are strong. First Aid and CPR are typically in the highest demand and they often have to add more classes. One concern with the Rec and Leisure (Non-Credit) classes is the switch from printed guides to Guidebook, as there is no longer a comprehensive list, instead the classes are listed on a calendar format. Vicki Highstreet has been relying on the website to provide a list of classes available. There was also a miscommunication with Marketing regarding Rec and Leisure classes, as they were not marketed for the fall and have therefore had poor numbers. They are addressing this issue to ensure this is corrected for the spring semester.

G. Intramural & Extramural Sports (Aisha Lee & Jim Glover)

The Regional Flag Football Tournament was held this past weekend. It was the 22nd year Campus Recreation has hosted the event. There were 36 teams, with 5 being teams from our campus. Twenty-one different universities and colleges were represented and a Special Olympics component was added which was exciting. The University of Northern Iowa won the men's division, the University of South Dakota won the co-rec division and Wayne State College won the women's division. The winners will advance to the national tournament in Pensacola, FL. Nebraska received 3 bids for officials to attend, the 1st place bid and two alternate bids. Intramural schedules are beginning to wind down for the Fall Semester. There have been 5,047 unique participants, which is up 800 participants from last year. They are also still working on the Husker GROW initiative with student employees.

IV. Unfinished Business

A. ASUN Reception

On November 16th there will be a reception with the ASUN senators in CREC Suite 230, Conference Room C, immediately following the ASUN meeting. There will be a presentation on Campus Recreation, followed by a tour of CREC. This reception is intended to provide the senators with information regarding Campus Recreation and allow them the opportunity to ask questions and clarify any other aspects of Campus Recreation prior to the budget approval process.

V. New Business

A. VOLT Athletics (Kelsey Whittaker & Shannon Vaccaro)

Volt Athletics is a strength training program that has been developed within the past 3 years. It is new to campus recreation markets and is currently being utilized at two other universities, the University of Washington and the University of Vermont. The program can be purchased as a university for \$8,000 per year, which would allow us the opportunity to develop our own platform, or there is the option to provide the program to students individually for \$9 per month. The program is regularly \$29 per month for individuals. The program is user friendly and is

designed to create an individualized strength training and conditioning program to meet specific goals. There are different sport specific training modules and ability levels to choose from, as well as many other features. The developers are currently working on a general fitness program that would be geared at accommodating all students, specifically those not involved in a specific sport or activity. The developers have been open to new suggestions and ideas. The risk management surrounding the program was discussed, as well as the potential for this to be an opportunity to lead the Big Ten in Campus Recreation. The project timeline could see quick advancement and we could potentially unveil the program in the spring semester.

B. Constitution Revisions (Stan Campbell)

The revisions to the names of the committees were discussed. Brook McCluskey made and Bryan Brunson seconded a motion to approve the renaming of Campus Recreation Advisory Council committees as presented at the Oct. 25th meeting. The motion received unanimous approval.

VI. Motion to Adjourn

Gabe Ryland made and Jim Glover seconded a motion to adjourn the meeting. The meeting was adjourned without objection at 5:49 PM.

Respectfully submitted by,

Ali Stradinger, Secretary

Upcoming Meetings:

November 16	ASUN Reception & Tour, Campus Recreation Center, Suite 230C
November 29	CRAC Meeting, Campus Recreation Center, Suite 230C
December 6	End of Semester Social, TBA