

Campus Recreation Advisory Council
Meeting Minutes
Campus Recreation Center, Suite 55 Conf. Rm. C
November 6, 2012; 4:30 p.m.,

- I. Call to Order and Roll Call
Members Present: Jared Aden, Ashley Jaeger, Kaelen Lagasse, LaRita Lang, Marissa McCormick, Kayla Munger, Kierra Ochs, Jared Ostdiek, Karan Rai, Gabe Ryland, Andrew Shaw, Jim Steadman, Chris Tomlinson, Kristin Witte, and Stan Campbell (Director)

Members Absent: Karen Kassebaum; Deb Johnson, Advisor (excused)
- II. Review and Approval of October 23rd Meeting Minutes
Kristin Witte made and Karan Rai seconded a motion to approve the minutes from last meeting. Motion passed unanimously.
- III. Open Forum and Announcements
 - A. Campus Master Plan Open House Sessions
The latest concepts of the Campus Master Plan are in the process of being posted online. The consultants are requesting feedback.
 - B. Distribute Football Pic'Em Contest Sheets and Award Prizes from Oct. 23 Contest
 1. There was a 4-way tie among Council members. Jared Aden, Kaelen, Kayla, and Andrew were all awarded a Papa John's gift certificate.
 2. Jared Vogel, our RHA representative, was the All-University winner!
 - C. RHA Report
Kayla reported on the RHA meeting she attended. This is possibly Cather Hall's last year for housing students; RHA is planning on putting on an event in commemoration
 - D. ACIS Regional Collegiate Flag Football Tournament
We had 28 teams this year from seven states. Teams from Angelo State University, San Angelo, TX won all three divisions. A UNL men's team, Nebraskaflagfootball.com, was defeated by Angelo State 20-14 in the championship game.
 - E. Career Services Review
Marissa McCormick reported on the luncheon meeting with the Career Services Review Team; approximately 20 students attended.
- IV. Campus Recreation Facility Updates
 - A. Coliseum Roof Replacement
 1. The replacement has been completed.
 2. A wind storm damaged some roof vents and they are in the process of being repaired.
 - B. North 17th Street Courts
 1. Construction is going well. The basketball court surface has been applied and the lines are painted. The surface needs approximately 30 days to cure
 2. Sand has been put in the volleyball courts and the exterior fence posts are installed. The fence fabric should be installed soon.
 - C. Outdoor Adventures Center
 1. November 15th at 2 p.m. bids will be opened.
 2. If the bids are within budget, construction could start as soon as January 3, 2013.
 3. Anticipated completion date is spring of 2014.

D. East Campus Recreation Center

Have asked Facilities Management & Planning for an estimate of the cost for having an abatement contractor provide heat and water to the Activities Building vs. repairing the current steam line.

E. Fleming Fields Annex Building (FFAB)

Getting good use and participants are pleased. Kierra Ochs reported she knows of City Campus students that are using FFAB because it is less crowded than the Campus Recreation Center. Jim Steadman reported members are pleased we were able to retain recreation activity space on East Campus during the Activities Building renovation and additions.

F. Breslow Ice Center

A design meeting will be held with DLR, the University of Nebraska Foundation and Campus Recreation.

G. Dining/Fitness Center

1. Discussing with the Campus Master Plan consultants possible locations near Knoll Residence Hall.
2. If approved, it would consist of a dining center, strength training and cardio equipment, group exercise room, locker rooms, convenience store, etc.

V. Committee Reports

A. Instructional Programming & Staff Development (Karen & Karan)

1. More than 60 people registered for the Ballroom and Country Dance class.
2. The personal training class had more participants than anticipated.
3. The 7:30 a.m. CPR class is in high demand.

B. Intramural and Extramural Sports (Jared & Karan)

1. ACIS was able to help provide some funding to assist the winning regional flag football teams to attend the national collegiate flag football tournament, as did UNL Campus Recreation. In addition, ACIS waives the National Championships entry fee for teams that win a regional championship.
2. Keith Cornwell and Ben Powell of UNL were selected as two of the four All-Regional officials and were extended invitations to officiate at the ACIS National Collegiate Flag Football Championships in Pensacola, FL.

C. Member Services (Ashley & Chris)

1. Deb Johnson, Dan Haag and Dan Sahn are in the process of retraining student staff.
2. Deb is reviewing and evaluating the assistant director's position in light of Tony Hernbloom's resignation.
3. New basketballs, footballs, and soccer balls were purchased and are available for checkout.
4. The Campus Recreation Center will be closed on Thanksgiving day.

D. Outdoor Adventures (Marissa & Chris)

1. The bouldering league has 8 teams currently with additional teams expressing interest.
2. Planning spring break trips.
3. Representatives from the Confucius Institute are coming to a staff meeting to have a discussion regarding how we can better serve international students through Outdoor Adventures.
4. Jordan Messerer and Todd Grier are attending the AORE Conference in Utah.

E. Sport Clubs, Youth Activities & Aquatics (Marissa & Kayla)

1. Water Ski has completed their paperwork and is requesting to become a member of the Sport Club Council.

2. Men's rugby is now competing in the Big Ten league.
 3. Itty Bitty sports is at Clinton Elementary until the new East Campus Recreation Center is complete.
 4. This year's participation is lower than last year for the Junior Blackshirts program.
 5. Interviewing for lifeguards on Nov. 18th.
 6. Investigating water and air temperature issues in the Mabel Lee pool.
 7. The Campus Recreation Center pool will be open the Friday after Thanksgiving.
- F. Wellness Services (LaRita & Kierra)
1. **Student Driven Projects:**
 - a. Student Health 101 has now officially kicked off!
Student emails were sent out to all housing students on October 9. 475 reads in 12 hours. Funds from the Chancellor will be used for monthly incentives – read articles, log into the site, drawing for those that respond
 - b. EDEP Fun Run – Approximately 50 runners on Sunday, October 5. The training program went well and about 50% of the training program participants ran in the Fun Run
 - c. Check Up from the Neck Up - National Depression Screening event held at the Campus Rec Center, Thursday, October 11th from 6-8 p.m. 104 students participated in the assessment and brief coaching; some students were referred by staff for additional session. Chocolate milk was provided as a participation incentive. This event supports the University Health Center's CAPS efforts.
 - d. Breast Cancer Campaign – the goal was for UNL, as one team, to raise \$5000 online through Team Link <http://main.acsevents.org/goto/GoPinkBleedRed>. Worked with the Wellness Programming (Fitness 151A) students and the Husker softball team. The walk was held October 28th.
 2. **Wellness Ambassadors/Wellness Initiatives**
 - a. Training for Wellness Ambassadors/CCW: Good feedback & reception from this; total of 49 of 66 (74%) in attendance.
 - b. Ambassador/Departmental Outreach Program, Wellness on Wheels continues on Thursday, Nov. 8th, 7-9 a.m. at the Campus Recreation Center. Thus far we have had 22 departments, 2 combined, 2 cancelled; 501 participants, average of 23-25 participants per site. Over 80% of people responding to a satisfaction survey have reported they are using the information to begin lifestyle changes. This is a collaborative effort between the Employee Assistance Program, University Health Center and Campus Recreation. Fifteen student volunteers were able to log hours of experiential learning by helping to do:
 - Blood Pressures
 - Height/Weight/BMI
 - Nutrition Education
 - Balance Assessments
 - Upper and Lower Body Flexibility Assessments
 - Building interpersonal skills
 - c. Team Jack, Jack-o-lantern jog was October 24th
- V. Unfinished Business
- A. NIRSA Nebraska/South Dakota State Workshop Report
 1. Took several undergraduate and graduate students, along with five staff members to the workshop at Vermillion, SD.
 2. Toured the University of South Dakota's Wellness Center that opened about 18 months ago.

3. Creighton University has initiated an intramural sports participation fee that is equal to the fee fitness class participants pay. This eliminated the intramural sports team entry and award fee. Kayla Munger asked if this allows students to participate in intramural sports and fitness classes for one fee? Stan Campbell wasn't sure, but that could be investigated. Stan asked members of the Fitness and Intramural Sports committees to discuss this with their staff liaisons.
4. The University of South Dakota has a management program that automatically notifies someone if they didn't turn in rented or checked out equipment. Stan requested the Member Services committee members discuss this with Deb Johnson.

VI. New Business

Kayla Munger made and Chris Tomlinson seconded a motion to endorse the Water Ski club's application for Sport Club Council membership. Motion passed unanimously.

VII. Motion to Adjourn

Karan Rai moved and Jared Ostdiek seconded a motion to adjourn. Motion passed unanimously.

Upcoming Meetings:

November 27, 2012 at Barry's, 235 N. 9th St., end of semester social and gift exchange

Respectfully submitted by,

Jared Aden
Secretary