

Campus Recreation Advisory Council
Meeting Minutes
Campus Recreation, Room 55
November 8, 2011; 4:45 PM

The meeting was called to order by President Dylan Knuth; Secretary Amanda Miller called roll.

I. Call to Order and Roll Call

- Members Present: Jared Aden, Ashley Cleveland, Matt Haron, Dylan Knuth, LaRita Lang, Amanda Miller, Lia Morales, Jared Ostdiek, Roshan Pajnigar, Andrew Shaw, Emily Simpson, Jim Steadman, Neil Tabor, Scott Truckenbrod, and Kristin Witte
- Council Advisor Deb Johnson and Stan Campbell, director, were also present.

II. Approval of Minutes

- Kristin Witte made and Jared Aden seconded a motion to approve the minutes. The motion was unanimously approved.

III. Open Forum and Announcements

A. Show Your Red – Recognition

- Citizenship
 - Jared Ostdiek and Amanda Miller received the citizenship award for their trip to K-State/Emporia State with the Union Board
- Caring
 - Emily Simpson and Kristin Witte received the caring award for their participation in the Executive Board of the Legislature meeting
- Dependability
 - Amanda Miller received a dependability award for attending the Union Board's meeting last week.
- Commitment/Caring
 - Stan Campbell received these awards for his hard work and dedication on getting the three projects approved throughout the entire process.

B. Executive Session of the Legislature Outcome

- All three projects were approved by the Executive Board of the Legislature!
- They approved the issuance of revenue bonds for the three projects
- The strategy the chancellor chose when presenting the projects was an all-or-none approach. Either all of the projects were approved, or none of them would move forward.
- Thankfully, they were all approved ☺ Thank you to all of those who helped out!
- Design meetings for East Campus Rec Center should begin later this month.

C. Outdoor Adventures Center Planning Update

- Meetings are scheduled for Wednesday and Thursday with RDG, the architecture firm. Jared Ostdiek and Neil Tabor will be attending those meetings to give their input.

D. Facilities Update

- Fleming Fields Annex Building (FFAB) has improved dramatically over the past few weeks.
- A change order was approved for FFAB to construct one shower in the building.
- Still trying to finish FFAB construction by January
- Outdoor Adventures Center is scheduled to open in August 2013
- Continuing work on NW 70th St., the road to the challenge course; should be finished by early December

- E. Intramural Sports Football Pick em
 - Scott Truckenbrod won the Pick 'em contest again this week. Congratulations, Scott!

IV. Committee Reports

A. Instructional Programming & Staff Development (Andrew Shaw & Roshan Pajnigar)

- No report

B. Intramural and Extramural Sports (Jared Ostdiek, Scott Truckenbrod and Matt Haron)

- Outdoor sports are finished.
- Indoor sports are starting playoffs before Thanksgiving Break
- Regional Flag Football Tournament
 - 11 teams have already signed up and paid
 - 25 teams have also expressed interested
 - Expecting about 35-40 teams to participate
 - Rec Center will pitch in \$1000 and get money from sponsors to help reimburse the travel expenses of the three winning teams

C. Member Services (Jared Aden and LaRita Lang)

- Finishing up CPR training with employees
- In the process of scheduling for Semester Break
- Will begin selling KIND bars soon!
- Continuing to close the southwest entrance to the Rec Center for home football games. This has worked well and we will keep this effort going.

D. Outdoor Adventures (Neil Tabor and Emily Simpson)

- Meetings the RDG will take place later this week
- Backpacking I Course at Indian Caves was last weekend
- Continuing work on NW 70th Street to the Leadership Training Center

E. Sport Clubs, Youth Activities & Aquatics (Jared Ostdiek and Lia Morales)

- Tonight, Women's Rugby is holding a fundraiser at Noodles and Company
- Most of the Sport Clubs are finishing up for the fall semester
- Mabel Lee Pool will close December 9th and open back up for the spring semester

F. Wellness Services (Amanda Miller and Ashley Cleveland)

- November 9; 8-10 a.m. Wellness will work with the UHC Wellness Wednesday Program to offer free blood workups, BMI assessment, and wellness coaching to anyone who stops by. Students from Fitness 151 are helping out with this.
- Monday, November 14-Friday, December 2: University employees will have the opportunity to take the Health Risk Assessment. Those employees utilizing the University benefits who complete the HRA will receive \$50 extra dollars in the wellness services package, \$100 extra in the well-child (2 years and under), 100% coverage of colonoscopy (up to \$2500, once every 10 years), and \$0 co-pay on generic prescription drugs ordered through CVS-CareMark Mail Order.
- "Health Holidays: Eat, Play, and Be Merry!" event on December 1st from 12:30-1:30 and from 5:15-6:15. Cost is \$5 and participants will receive free food samples, recipes, and tips to stay stress-free.

V. Unfinished Business

A. Emporia State and Kansas State tour w/ Union Board

- Jared Ostdiek and Amanda Miller reported on their trip with the Union Board.

- They got to see a lot of really cool things at both campuses and also bring back ideas to share with the group for our rec centers.
- B. Big 10 Blood Drive Challenge
- CRAC members—Ashley Cleveland, Kristin Witte, and Amanda Miller volunteered to form a committee to help facilitate the event
- C. East Campus Rec Center Design Meetings
- Kristin Witte, Jared Aden and Jim Steadman volunteered to attend meetings for the design of the new East Campus Rec Center and give their input.
- VI. New Business
- A. CRec Energy Usage
- The energy usage from both the city campus and east campus rec centers is now available online.
 - unl.edu/energy-management
- B. Thank You Notes
- Thank you notes to the Union Board for inviting us to join the Kansas State/Emporia State tour and to Chancellor Perlman, Michelle Waite, and Ron Withem for their assistance with the meeting with the Executive Board of the Legislature were passed around for CRAC members to sign.
- C. Spring Calendar
- Meeting time will be changed to 4:30 p.m. instead of 4:45 p.m.
 - January 17th will be the first meeting of the spring semester
 - We will meet again on January 24th to vote on the FY13 budget requests
- D. Union Board Report
- Amanda Miller sat in on the Union Board's meeting last week and also gave them a brief overview of what CRAC is/does.
 - Overall, the meeting was very interesting. There were a lot of similarities between both councils. Getting to know the Union Board better has been a great experience!
- E. GET REC'd Shifts
- CRAC members were asked to bring class schedules/calendars to the social so they are able to sign up for shifts as GET REC'd (January 19th and 20th)
- F. Holiday Social & Gift Exchange
- All CRAC members received a sheet explaining the gift exchange rules
 - There will be a gift exchange during the social
 - The social will be at Old Chicago at 4:45 p.m. on November 29th.
- VII. Motion to Adjourn
- Kristin Witte moved and Emily Simpson seconded a motion to adjourn the meeting. The motion was unanimously approved.

Respectfully submitted by,

Amanda Miller,
CRAC Secretary