

Campus Recreation Advisory Council
Meeting Minutes
55C Campus Recreation Center
November 17, 2009; 4:30 PM

Members Present: Brittany Benson, Ryan Hoffman, Emily Ives, Dylan Knuth, LaRita Lang, Pat Macy, Pete Maslowski, Marti McDonald, Kristen Ostdiek, Roshan Pajnigar, David Pelster, Larry Takechi, Alex Weingarten, and Mallory Wittstruck,

Member Absent: Steve Scharf

CRAC Advisor Mark Powell and Campus Recreation director Stan Campbell were also present.

President Ives called the meeting to order

Larry Takechi made and Marti McDonald seconded a motion to approve the minutes from November 3, 2009. The motion received unanimous approval.

Open Forum and Announcements:

Football Pick'em winner announced – Pat Macy won the UNL Intramural Sports Football Pick'em Contest for Week 9. Pat receives an Intramural Sports Championship T-shirt. Pat also receives his choice of a food gift certificate for being the CRAC member with the highest number of correct picks.

Committee Reports:

- A. Executive Committee – No Report
- B. Business Operations and Member Services – At the southwest entrance of the Campus Recreation Center there is now an UNL ID scan check. This should reduce the number of people sneaking into the building.
- C. East Campus Recreation – No Report
- D. External Relations – An Alumni Dinner was held in conjunction with the ACIS Regional Flag Football Tournament on Saturday, Nov. 14 at Suite One. Sixty-six alumni and guests attended. Pizza and beverages were provided. GET REC'd has 60 booths filled with the deadline being December 1. The goal is to fill 100 booths.
- E. Facilities Management and Operations – No Report
- F. Fitness and Wellness Services – On November 18 from 3 to 5 PM there is Free BodyComp for students. Students should report to the strength training and conditioning room office. Fitness and Wellness Services needs post assessment assistance to proctor the Nutrition 100A classes. A cycling workshop and some fitness classes have been canceled due to declining attendance. FitCards will be available in the spring for \$33.
- G. Injury Prevention and Care – IPC is getting ready for next semester with 31 slots available for its Athletic Training Basics class.

Facility Updates:

- A. Wiese Property Update - The process has gone through nearly all of the approval steps and will be on the Dec. 11 Board of Regents agenda. The property would expand our holdings from the current 78 acres, to approximately 136 acres. The new property would include a maintenance/storage facility and a house. The sale is expected to occur this calendar year and Campus Recreation would take possession of the property on January 1, 2010.

- B. Mabel Lee Pool Update – The Athletic Department is interested in exploring a possible Natatorium partnership with Campus Recreation. The Campus Wellness Ad Hoc Committee is considering adding a Natatorium to the referendum.
- C. Campus Wellness Ad Hoc Committee Update & Brainstorming – The committee is preparing a recommendation that will be presented to ASUN on Wednesday, December 9. CRAC members were asked to brainstorm recommendations/greatest need. The results are listed below (in no particular order):
- cardio equipment (i.e. treadmills, bikes, elliptical machines), strength training equipment, indoor tennis courts, natatorium (spa/hot tub, diving well, lap swimming, resistance training, warm water instructional area), protein/juice bar, lounge area, indoor sand volleyball courts, steam rooms, indoor golf practice area (hitting and putting), exercise testing equipment, Wellness Suite, additional combative arts area (mats, speed bag, heavy bag), new PA system, improved lighting/natural light, shelves in Fitness/Aerobics Room, Sport Club office space, bouldering wall, larger climbing wall, cycling classes need more bikes, stretching room, larger Outdoor Adventures area, and divider curtains for Cook Pavilion
 - **Greatest Needs:** Cardio/Strength Training Equipment, East Campus Recreation Center, Natatorium, Wellness Suite (IPC, massage therapy, exercise testing, personal training, nutrition counseling, resource room)

Unfinished Business: None

New Business:

Year-end Social – The end of the semester social will be held in the Schoor Center which is the old south football stadium office building on December 8 at 4:30 PM. Members were asked to bring catering ideas to the next meeting. Members are asked to participate in a gift exchange. The maximum gift price is requested to be \$12. Rules will be sent out via e-mail for the Gift Exchange.

Motion to Adjourn:

Ryan Hoffman made and Kristen Ostdiek seconded a motion to adjourn the meeting at 5:28 PM. The motion received unanimous approval.

Next meeting, December 1, 4:30 PM, CRec Suite 55 Conference Room

Respectfully submitted by,

Mallory Wittstruck
Secretary