

Campus Recreation Advisory Council
Meeting Minutes

Campus Recreation Center, Room 55
October 14, 2008, 4:30 PM

President Fatemeh Parsa called the meeting to order. R.J. Shute, Vice President/Treasurer called roll.

Members Present: Brett Bogenrief, Emily Ives, Victor Khaukha, LaRita Lang, Pat Macy, Marti McDonald, Melissa Moraczewski, Roshan Pajnigar, Fatemeh Parsa, David Pelster, R.J. Shute, Larry Takechi, Alex Weingarten, Mallory Wittstruck

Members Absent: David Jackson (excused)

Representing Campus Recreation were Mark Powell, CRAC Advisor and Stan Campbell, Director.

Review and Approval of the Meeting Minutes: David Pelster made and Melissa Moraczewski seconded a motion to approve the October 14, 2008 minutes as corrected. The motion received unanimous approval.

I. Open Forum and Announcements

- A. **Mabel Lee Fields Dedication:** The Mabel Lee Fields Dedication will be held Monday, October 27th. This was changed from Thursday October 23 in hopes of accommodating the Chancellor's attendance. Invitations were given to the Campus Recreation Advisory Council. Food and unveiling of the plaque will occur at the dedication
- B. **GLBTQA History Month Banquet:** The banquet will be held Wednesday, October 29th at 6:00 PM at the Lied Center. The Campus Recreation Advisory Council is invited and has a table reserved. Several advisory council members expressed interest in attending.
- C. **Empowerment Forum:** The Empowerment Forum will be held Friday, October 31st from 9:00 AM until 3:00 PM at the Nebraska East Union. Aaron Davis will be the featured speaker and the forum will contain small group discussion with presented topics. An RSVP is requested through the Web site and Advisory Council members are encouraged to attend. Stan Campbell and Vicki Highstreet will be facilitators at the forum.
- D. **Campus Wellness ad hoc Committee Update:** Fatemeh Parsa, Pat Macy, and Mallory Wittstruck attended the first meeting, which discussed needed facility upgrades for Campus Recreation and the University Health Center. Erik Kocher, consultant with Hastings & Chivetta, met with the committee on Oct. 9 to discuss plans for a new recreation facility on East Campus and the Campus Recreation Center. The meeting on

October 14th will further discuss the needs of Campus Recreation. The committee will further discuss Health Center needs on October 28th at 9:30 PM.

Much discussion was had and input gathered regarding a possible new Recreation Center on East Campus. CRAC members had many suggestions, which included: a lap pool with a deep end, a leisure pool, a hot tub and sauna, possible additions to a leisure pool would be a waterfall, vortex, and lazy river like the University of Missouri has in their leisure pool. Overland Park, KS has an underwater treadmill and that was also suggested for a leisure pool. A great amount of discussion took place regarding a potential move of Outdoor Adventures to a new facility on East Campus. It was suggested that if Outdoor Adventures moves to East Campus as a primary location, then having a satellite location at the Campus Recreation Center for bike maintenance and/or bike drop off would be desirable. Moving to East Campus might provide an opportunity to construct a bouldering wall, as well as a new climbing wall. Other needs for the East Campus Recreation Center included 2 basketball/volleyball courts, 1 or 2 racquetball courts, a strength and conditioning area, and possibly a smaller area for a super circuit or music free strength training. A steam room, inhalation room, golf simulator, juice bar, lounge space with wireless and a big screen T.V., computers, employee lounge with T.V., locker rooms with individual showers, and massage therapy were also suggested. A satellite health center facility was also suggested, and concern over the roles between the Health Center and Injury Prevention and Care were expressed.

II. Facility Project Updates

A. **Strength and Conditioning:** Adjustable benches in the strength training and conditioning room are needed.

B. **Outdoor Adventures:** The outdoor adventure experiences among the campus population are less frequent than what we would like. Outdoor Adventures has a large amount of physical, mental and emotional benefits as well. A major concern that Outdoor Adventures has is that they do not want to be overlooked in the renovation. If Outdoor Adventures moves to East Campus, they would be able to have more room for bike repairs and rentals. So far, the Chipotle rides have been going very well. The road to the challenge course is almost finished, and an idea of having wilderness orientation groups taking classes at the challenge course is being considered. Additionally, equipment rental has increased by twenty percent in the past three months. On a less positive note, the climbing wall has been having less use this year than it did at this time last year. Overall, Outdoor Adventures would ideally like to move to East Campus, but keep the climbing wall and a small bike repair facility at City Campus.

III. Committee Reports

A. **Instructional Programming and Staff Development:** A new set of fall instructional classes are starting at the end of October and beginning of November. There are still some academic classes available for anyone who would like to take another class. Because of the increased interest in martial arts, the establishment of jujitsu classes is

being discussed. In February, Vicki Highstreet would like to bring a speaker to campus as part of the Steinhart Lecture Series to speak on the topic of wellness.

- B. **Intramural and Extramural Sports:** Flag football has a record number of teams. Sand volleyball was a great success; however many intramural softball games have been cancelled due to recent rains. Volleyball and broomball sign ups are due October 14 and battleship sign ups are due December 2. Intramural tournament night is Thursday, October 16.
- C. **Membership Selection and Rules:** Applications for C.R.A.C. will be released in January and will be due in the beginning of February. Mark Powell is looking for members to be on the interview committee.
- D. **Outdoor Adventures:** See Outdoor Adventures under Facility Project Updates.
- E. **Social:** The social committee is looking at options for C.R.A.C. shirts and sweatshirts through Sunflower Graphics and Adidas. Additionally, they are discussing a location for the end of semester social. The committee will announce the Advisory Council winners of the Oct. 4 and Oct. 18 Football Pick'em Contests.
- F. **Sport Clubs and Youth Activities:** Itty-bitty sports is a program that both a parent and child take together, where the child learns basic sports skills. Itty-bitty sports is taking place on October 21. Family swim night, a night where Mabel Lee pool is open for families to swim and play around, is on October 24. Kids Night Out, a program where kids come to CRec on a night and get to play, is taking place on November 7. The Jr. Blackshirts program is going well and the next day program will take place during the Nebraska vs. Baylor football game, on October 25. On a different note, all thirty sport clubs have been active and the water polo club may reactivate. There is going to be a large tournament on East Campus for men and women's ultimate disc. Women's soccer is holding a Region 5 tournament during the last week in October.

IV. Unfinished Business

- A. NIRSA Nebraska State Workshop, Friday, November 14, University of Nebraska at Omaha. Notify Mark Powell or Stan Campbell if you are interested in attending.

Motion to Adjourn: Pat Macy moved and David Pelster seconded a motion to adjourn the meeting. The motion received unanimous approval.

Next meeting, Tuesday, October 28, 4:30 PM, Suite 55 Campus Recreation Center.

Respectfully submitted,

Emily Ives and R.J. Shute