

Adjusted Fitness Class Schedule

Labor Day

Monday, Sept. 4, 2017

City Campus

@ Campus Rec Center

8⁰⁰
8⁵⁰_P

Yoga
Courteney
CREC, Fitness Room

9⁰⁰
9⁵⁰_P

Cardio Dance
Alex
CREC, Fitness Room

10⁰⁰
10³⁰_P

Booty Camp
Alex
CREC, Fitness Room

East Campus

@ Rec & Wellness Center

6⁰⁰
6⁵⁰_P

Cycling
Shelly
RWC, East Studio

7⁰⁰
7⁵⁰_P

Yoga
Heather
RWC, East Studio



A service of the Division of Student Affairs

go.unl.edu/allclasspass

Group Fitness Classes require an All-Class Pass to participate (unless otherwise indicated). Details about prices can be found in the UNL Campus Recreation Guidebook app, at the Member Services desk, or online at crec.unl.edu. All class instructors, formats, times, and days are subject to changes/cancellation without prior notification. Any class averaging less than six (6) people may be dropped from the schedule. UNL Campus Recreation welcomes persons with all abilities. Please inquire about the availability of accommodations for special needs. UNL does not discriminate based on any protected status. Please see go.unl.edu/nondiscrimination.