

# University of Nebraska

## Campus Recreation

### Responses to Comments and Suggestions

February 2009

1. Need “Yonex” birdies instead of “Carlton”.

**Thank you for your suggestion. We will consider this when we next purchase birdies.**

2. When there is a new pace clock in Mabel Lee Pool, could it be hung above the window of the office?

**Thank you for the suggestion. It will be discussed with our staff.**

3. No more ultimate frisbee. Do not give them the entire field.

**The schedule for Cook Pavilion is posted a minimum of a week in advance. Open Recreation time is on a first come first serve basis. All groups have an equal opportunity to use the facility during Open Recreation times.**

4. We need more treadmills!

**Thank you for the suggestion. It will be discussed with our staff.**

5. The fitness classes have been extremely boring lately. It seems as if some of the instructors don't come prepared or don't prepare workouts with variety. The turbo kick classes are good, but the Bosu Burn I attended today (Oct 15) was especially slow. Sometimes the new class seems unprepared as well. I've been attending and paying for the fitness classes for 3 years and I enjoy them, but I don't want to spend the money if they are going to be this lame.

**Thank you for your comment. This was discussed at a staff meeting.**

6. Elliptical machines are often full in the workout room. Instead of waiting for a machine without doing anything, could there be a sign-up system where a person could work on another piece of equipment while waiting for the one they want? FYI, I've noticed a class in the room around 9:30 each morning, so I try to come late afternoon instead, but that's when machines are usually full.

**Thanks for your comments. A sign-up system could potentially create the same situation where users would sign up for multiple times or sign up his/her friends. We would like to create a culture that users can ask each other to see how much the user**

**on the cardio machine has left. If you are not comfortable asking the user of the cardio machine please ask the Strength and Conditioning attendants for assistance (i.e., if you know that the user is exceeding the 30 minute time limit). The Strength and Conditioning attendants try to enforce the 30 minute time limit rule as much as they can.**

7. Please, please consider a ban on food/drink/supplement in the locker rooms. It is getting harder and harder to find a spot on the bench that doesn't have spilt powder, spilt liquid or a sticky residue from "supplements" being mixed and consumed in the locker room.

**Thank you for your comments.**

8. Let students bring at least one guest after office hours. We pay thousands of dollars per semester and have to pay to bring someone in for 1 hour. NO SENSE. Lets become more student friendly!!!

**Thank you for the suggestion. It will be discussed with our staff.**

9. Can you please put two lat pull down machines beside each other, so I can lift one stack with each arm? 250 lbs isn't enough for my v-back.

**Thank you for your comment. It would be dangerous to arrange the two lat pulldown machines together. There is a machine called the front pull pulldown. This machine has two weight stacks. In addition, I would recommend to perform chin-ups with additional weights (a belt is available at the desk in the Strength and Conditioning Room).**

10. Are there timers for operation hours of the sauna in the men's locker room that are different from the Rec general operation hours? It is frustrating to find the sauna switched off at 11:13 pm.

**The sauna times are set to be the same as the Rec Centers hours. However, they were not working at this time and have since been repaired.**

11. Sometimes the mats in the Combative Arts Room are dirty and I hate to touch them.

**Thank you for your comment. We will make sure the mats are cleaned on a daily basis.**

12. Please fix the fans in the aerobics room – the knobs are missing and you can't turn them on. Thanks.

**The knobs have been replaced on the fans.**