

University of Nebraska
Office of Campus Recreation
Responses to
Comments and Suggestions
SUMMER 2007

1. We Love You.

Thank you for the comment.

2. Incredible facility. No excuse for obesity. Great Job!!

Thank you for the comment.

3. Please consider having the pool at Mabel Lee Hall open during the annual shutdown. Weight-room users can go to East Campus, but pool users don't have that option. Thank you.

Thank you for your comment. We schedule maintenance during that time.

4. Why don't we have controls on the TVs or treadmills any more? Why are we being punished?

We cannot find a control system that will control the sound and the channels at the same time when we have multiple TVs. We will continue to investigate possibilities.

5. Cockroaches in guys' locker room. NASTY!

We have sprayed two times in the past month. We are working to eliminate them completely.

6. After spending a week working out in the East Campus Activities Building, my sympathies go out to colleagues and students on East Campus whose work-out facilities are so markedly inferior to ours on City Campus. I would, therefore, be delighted to support any project to renovate the East Campus Facility. It so badly needs it.
*Including a raise in membership fee.

Thank you for the vote of support.

7. I am in favor of completely banning the cell phones in the locker rooms.

Thank you for your comment.

8. More basketballs.

Thank you for your comment. We have ordered new basketballs for the fall semester.

9. Do you have golf clubs to check out/rent?

Yes, golf clubs are available at Outdoor Recreation.

10. Water fountains @17th and Vine fields are needed.

The water fountain is located in the center of the tennis court area.

11. I came to workout at the Super Circuit on a Wednesday at 10:10. I was not allowed to go because orientation starts at 10:30 and they need to close 20 minutes before time to accommodate for orientation.

a) Please correct your signs. If you say you are open until 10:30 and orientation should start at 10:30 and going through my workout takes 20 minutes, I do not see why I can't be allowed to work out.

b) I would like to see my student fees used in a more wisely productive way. Why are we paying two people during orientation time at the Super Circuit to sit there and study when there is no one working out or orientating. If you are going to have two people working during that period why can't you keep the Super Circuit room open and have one of the workers attend the orientation and the other one attend those working out? Anyways, how many people actually orientate at the Super Circuit at the end of April?

Thank you for the information. We regularly review our staffing to best fit the needs of our participants.

12. There aren't any wrist straps in the Strength Training and Conditioning Room. Could we get some down there?

Thank you for the comment. We do not provide wrist straps in the Strength Training and Conditioning Room due to health concerns including skin irritations. Wrist straps are available for purchase at Husker Reds.

13. Play “Stairway to Heaven” in the Strength Training and Conditioning Room at closing time.

Thank you for your suggestion.

14. What about recycling bins for all the newspapers and magazines? And a magazine rack for people to share?

Thank you for your suggestions. We are working with UNL Recycling to maintain best practices in sustainability and are currently reviewing our recycling opportunities within Campus Recreation.

15. Please put pull-up bars in the Cook Pavilion. I would love to do pull-ups either before or after I run. Thank you.

Thank you for your suggestion. We will look into the feasibility of adding pull-up bars. There are pull-up bars just to the south of the Military-Naval Science building.

16. Recycling bins for newspapers and magazines. Fix the book stands on the ellipticals. (Two are broken and a third is close). It’s the newer ones in the Strength Training and Conditioning Room.

Please refer to question # 14. Thank you for the information.

17. The mouse on one of the computers and one of the Macs is not working.

Thank you for calling this to our attention. They are all working now.

18. The clock outside the men’s sauna is broken. The second hand moves, but the minute and hour hands do not. The clock is important for people timing themselves in the sauna. The other clock near the water fountain in the men’s locker room is not as important.

Thank you for the comment. The clocks are all working now.

19. Please get the clock fixed in the Coliseum. Thanks.

Thank you for the comment. The clocks are all working now.

20. Big Bad!! Why are the clocks throughout the Rec not set to the same time. There is almost a ten minute difference.

Thank you for the comment.

21. Next time I come here I want all the fans cleaned and the lint out of them.

We have cleaned all the fans. Thank you for the comment.

22. Is the football field in the Cook Pavilion regulation size? (120 yards x 160 ft?) It says the perimeter requires 5.33 laps per mile, but a regulation size would only require 5 laps and 27 yards for a mile = 5.07 laps? What's up with that? Also the nine (9) laps equals a mile for the track seems off too. What are the exact distances for each of the three lanes?

The distance in the Cook pavilion is measured from the outside of the white border. Runners are encouraged to stay off the white border. The measure is approximate. The distance on the inside track is measured from the middle lane. Nine laps equals a mile.

23. The towels on the machines in the Strength Training and Conditioning Room leave my hands smelling disgusting. Once they are moist and wadded up on their hangers I'm guessing they are there too long. Yuck.

Thank you for your comment; we strive to change out the cleaning towels regularly.

24. Can you put out a list of exercises or equipment that people can do in the weight room that compares to the Super Circuit when it is closed?

Thanks for your idea; the machine weights in the Strength Training & Conditioning Room are also set up in a circuit. We will work on a layout/list for the fall semester. In the mean time, please utilize the Strength & Conditioning Staff to show you the location and proper use of this equipment as well as alternative equipment such as free weights and functional training equipment.

25. Please, please, please no hip-hop/R&B blaring in the Strength Training and Conditioning Room. They do not have the same workout friendly beat as the usual rock. R&B is artistically, aesthetically insufferable. Hip-Hop contributes to an atmosphere of testosterone-driven hostility, from the perspective of a defenseless female surrounded by big sweaty men pumping iron. If you must play it, post a schedule so I can avoid it.

Thank you for your input. We try to play a variety of music through out the day that suits our vast range of participants but do not have a set schedule at this time. We encourage participants who like (or dislike) a specific type to bring head phones and their personal music player to utilize during their workouts.

26. What happened to the black tricep extension rope. It would be nice if the Strength Training and Conditioning Room had a short rope. Thanks.

Thanks for your suggestion. We are in the process of inventorying the auxiliary equipment in the Strength Training & Conditioning Room and will be ordering a variety of replacement/updated equipment for the Fall.

27. Would it be possible to make steps (and raises) and /or fitness items available for checkout at Husker Red's? That would be great! Thanks!

Thanks for your idea, although we would like to provide many more items for checkout/purchase at Husker Red's, we currently do not have the space. We hope to offer a larger variety of functional training fitness equipment in the Strength Training & Conditioning Room this fall.

28. Jarrod did a great job on performing the body composition test. Keep up the good work, Jarrod.

Thanks for your feedback, we will be sure to pass on your compliment to Jarrod.