

University of Nebraska
Office of Campus Recreation
Responses to
Comments and Suggestions

April 2007

1. The sauna is still not working. I see you have gotten a lot of complaints. It is March 4 and only 80 degrees at seven p.m. WOW! I could get my apartment to at least 90 degrees. Ridiculous. If you need me to buy some space heaters and extension cords, I am willing to do that. When the pool is warmer than the sauna....well, let's just say "That's bad on your part."

The sauna is now working correctly. Thank you for your comment.

2. Please put up a Purell dispenser in the women's locker room's lavatory area. Since there are not paper towels, it is not sanitary to turn off the faucets after washing hands.

Thank you for your suggestion. We will investigate the possibility.

3. Please! Please! Please! Oil the hinges on the entry doors. Thank you.

The hinges have recently been oiled. Thank you for your comment.

4. Recycling bins for newspapers and magazines.

The University no longer recycles in the same way it had been doing. We do not have bins for newspapers, except in the main office.

5. Get some boxes to jump onto in Cook Pavilion. This would allow for people to do plyometric exercises. The only time you can use boxes like that is during ATP. These would really help.

Thank you for your suggestion. After reviewing this suggestion with our risk management committee it has been decided that for safety reasons our best option is to continue using them in supervised settings.

6. Computers by pool—right one mouse is bad. Left one – no web connection.

These are maintained by Information Services. However, we checked and they are working correctly now.

7. New shin guards. These are unsafe and do not cover my shin.

These shin guards are provided by Intramural Program for Indoor Soccer League. They do allow us to check them out to all users. If these do not work for you we encourage members to bring their own for a better fit.

8. Ankle weights, please.

Please see the answer to number eleven.

9. Please provide more soccer balls. Most of the balls are gone this week for the soccer clubs. The soccer clubs should be able to buy their own balls. I pay fees for the Recreation Center and your sign says that I can check out soccer balls for free. Therefore there should be enough soccer balls available for checkout. This is the second time this week that I do not find regular football (soccer) balls for checkout.

Thank you for your comment. The soccer balls are first come, first served. This instance of extra usage was an unusual occurrence. We will be sure to have plenty of soccer balls available in the future.

10. Sauna etiquette. It is improper to be naked, without a towel in the sauna. However, it is also improper to sit in the sauna in gym clothes. Please post a sign in regard to proper sauna attire and procedure.

Thank you for the comment. Please call Tony at 472-3467 to discuss this further.

11. Ankle weights please and turn up heat.

Thank you for your comment. Currently it is our policy to not supply ankle weights in our facility. We try to keep the temperature at a comfortable temperature for working out.

12. More men's basketballs.

Thank you for your comment. We are addressing the situation.

13. There are never enough men's basketballs available in the evenings.

We recommend that when balls are checked out they are returned in a timely manner. We are working with members to be more responsible for any checked out items. Please do not leave items lying around unattended.

14. We believe that the Rec should have more basketballs available for students to check out. There seems to be a shortage of basketballs even though numerous courts are open for use.

Please see the answer to question # 13.

15. When you design the new Rec Center can you do one thing? Put the sinks and showers in a separate area far away from urinals and stalls? It is really disgusting have to shave or brush your teeth five feet from the urinal/stall area. Thanks.

Thanks for the input. We will address it with our consultants.

16. Make more room for coats, bags, etc. More squat racks in the gym.

Thank you for your comment. We try to dedicate as much space as possible for storage of personal items. Thank you for the suggestion of placing more squat racks in the gym. Due to ACSM guidelines for facility space, we do not have room for them at this time.

17. Have dance classes at earlier times before it gets dark. It is not safe for girls to walk on campus at night—especially alone.

Currently we offer two dance classes at 6:45 p.m.

18. You should enforce the 30-minute time limit more during peak hours.

We appreciate your feedback. If you have been waiting, approach the individual from the front of the treadmill, get the attention of the user, and ask them to finish quickly. Then contact the facility manager, if needed.

19. March 22—The music in the weight room is too loud again! Student worker did not know how to turn volume down because stereo was new (= \$\$). Student workers in general are not properly trained about volume—or—ignore training. Music is frequently so loud that it hurts ears. So much for a fitness and health facility. We don't need any music in the weight room.

Weight rooms are inherently noisy with equipment and usage. Music is used to block out this noise. We will remind the staff to control the volume.

20. March 23—The music in the weight room was good (=low) today. Thank you.

Thank you for acknowledging the change.

21. Will you please just kill the music in the workout room. They are playing head-banging music at 6:00 a.m. I asked them to change it so they put on 50's and 60's. Everyone who wants music has an iPod but it is hard to listen to it with them both going at the same time. The older students and staff work out from six to nine in the morning. Just put on something reasonable or turn it off completely. We all would really appreciate it.

Different styles of music are appreciated by different people. We are trying to accommodate the diversity as best we can. Multiple ages work out in the morning. Please see number 19.

22. Jared (in the weight room) has been very helpful when I reported malfunctioning equipment. In one situation the equipment was fixed within 15 minutes. I really appreciate how quickly staff responded to my concerns. Thank you.

We appreciate your positive comments and are glad that Jared was able to help you.

23. Get more treadmills and elliptical machines and basketball courts. Ever seen Missouri's Rec Center? Something like that.

Thank you for your comment. We are continually evaluating space, user needs, and equipment needs, hoping to be able to acquire more equipment.

24. Put these suggestions on your to-do short list. (1) more computers and (2) Jacuzzi – a must. Great staff. Great facility. Just a suggestion to make it better.

Information Services provides the standup computer stations in the Atrium. We will contact them to ascertain their interest and ability to add more stations. FYI, the Campus Recreation Center has wireless capability.

We have asked Hastings & Chivetta, our consultants conducting our indoor facility needs assessment, to evaluate options for improvements to the Campus Recreation Center. A hot tub is one of the amenities we have asked them to consider. We are anticipating their report later this summer.

25. Please remove the tv from the area near the pool window and **please, please**, no more tvs.

Campus Recreation receives a revenue stream from the Sterling Digital TV found in the atrium. These funds are used to keep student fees as low as possible at both the Rec Center and the Union. The University is also allotted a significant amount of time to post video and announcements at no cost. No new tvs are planned for this area.

26. I caught ringworm from the sauna in the women's locker room last night, 3/29/07. Just thought you should be aware. I treated it and it is fine now, but I just thought the Rec should know in order to take further precautions if necessary. Thanks!

Ringworm is a contagious fungus infection that can affect the scalp, the body (particularly the groin), the feet, and the nails. Despite its name it has nothing to do with worms. The name comes from the characteristic red ring that can appear on an infected person's skin. Ringworm is spread by either direct or indirect contact. People can get Ringworm by direct skin-to-skin contact with an infected person or pet. People can also get Ringworm indirectly by contact with objects or surfaces that an infected person or pet has touched, such as hats, combs, brushes, bed linens, stuffed animals, telephone, gym mats, and shower stalls. In rare cases Ringworm can be spread by contact with soil. Scalp Ringworm usually appears 10 to 14 days after contact and Ringworm of the skin 4 to 10 days after contact. Ringworm can be treated with fungus-killing medicine. The medicine can be taken in tablet or liquid form by mouth or as a cream applied directly to the affected area. The locker room and sauna are cleaned thoroughly every night.

