

Campus Recreation Advisory Council  
**Meeting Minutes**  
Campus Recreation Center, Suite 230C  
November 11, 2014; 4:30 p.m.

- I. The roll was called by Secretary Rogoz  
**Members present:** Jonathan Berger, Amanda Dinneen, Maggie Haverland, Nate Hubert, Josh Johnson, Derek Niewohner, Glen Ready, Hanna Rogoz, Eddie Walters, Tiffanie Wieser, Skyler Zeller, Rene Mayo-Rejai, and Robert Vencil  
  
**Absent:** Gabe Ryland (excused), Jim Steadman (excused), and Deb Johnson (excused)  
  
Also present was Stan Campbell, Director
- II. The meeting was called to order by President Walters
- III. Review and Approval of October 28th Meeting Minutes  
The minutes were approved without correction.
- IV. Committee Reports
  - A. Intramural & Extramural Sports (Amanda & Glen)

NIRSA Regional Flag Football Tournament: 43 teams out of the 46 that had registered attended the regional football tournament this past weekend. There were 11 Special Olympic teams, which was a new competition category for the tournament. All the Special Olympic teams appeared pleased with the event and indicated they would like to participate again next year. They showed interest in participating in a basketball tournament as well. Nine states were represented by teams in the tournament, with officials representing seven different states.

Other news: Intramural flag football ended on Nov.11 and broomball playoffs start later this week. Compared to last year there was a 24% increase in indoor soccer team registrations.
  - B. Marketing & Technology (Hanna & Josh)

As fall semester is winding down, they're starting to focus a lot on next semester's events; GET REC'd specifically. It will be held January 22<sup>nd</sup> and 23<sup>rd</sup>. The spring semester activity guide will be going to the printer before Thanksgiving. They are currently utilizing the screens on the new cardio fitness equipment to market different areas of Campus Recreation. This should be fully in place by the end of the fall semester. Soon they will be working to promote the use of a single app, My Fitness Pal, for those who use the equipment in the strength training room. My Fitness Pal interfaces with other applications so that information can be integrated more easily and you don't have to switch fitness apps based upon which machine you're using. Further into the semester there will be a harder push trying to get people to use it and information on how to set up an account and integrate with other applications.
  - C. Member Services (Josh & Skyler)

Since the opening of the new strength training and conditioning room there has been an increase of 300-500 people per day that use the Campus Rec. Center. Six ID checkers have been promoted to the Member Services desk, and 7 Member Services desk employees have been promoted to facility managers. The Outdoor Adventures

Center (OAC) continues to set a new record each week for how many people are using the climbing and bouldering walls.

D. Outdoor Adventures (Derek & Amanda)

Amanda and Derek met with Kyle Hansen, Outdoor Adventures coordinator. Climbing wall participation continues to grow. Recently there have been 310 new visitor swipes, and OAC is approaching its 10,000<sup>th</sup> overall visitor mark. The climbing wall has been set with over 250 different routes since May 1<sup>st</sup>. Colored holes are currently being used to set the routes instead of tape, saving 30 pounds of tape and 40 hours of staff labor each time new routes are set. Climbing classes are all full, and they have added two more classes per week than had been previously scheduled. The kitchen fully works now that the stove hood is finished. The steel is up for the new canopy, but the roof material is delayed and is now scheduled to arrive in mid-December. Something for consideration is establishing a punch pass for people who are only here for a month or two, purchasing a three month pass is considered too costly; therefore, a punch pass might incentivize them to participate more. Ideally, OAC would have that in place by Semester Break, but they thought they should present it to the council first. It would be a pre-purchased ten climbing wall visit pass, where punches could be shared and it would expire one year after the purchase date. It wouldn't include a climbing skill check. The suggested price was \$95, which is 40% of the ten day pass price.

The bike shop served over 372 people in October, which is about the same amount as last year. There had been a 60% increase in people utilizing the bike shop in September from the 2013-14 academic year. The bike shop typically slows down as it gets colder outside. Bike maintenance clinics ran up tonight. Rentals are up 38% over the same period last year, with 200 rentals being for stand-up paddleboards. Kayak and canoe rentals have remained steady as well. Snow equipment can't be rented unless there's a minimum of three inches of snow.

Osher Lifelong Learning Institute: Todd Grier and Jordan Messerer have been working with alumni on skills. They have been getting requests for more classes in spring and summer. This offers student employees another leadership opportunity.

Christopher Dulak has been working with a marketing class recently to survey students to determine how aware they were of the adventure trips that Outdoor Adventures offers.

E. Sport Clubs, Youth Activities & Aquatics (Glen & Rene)

**Sport Clubs:** Shannon is meeting weekly with the men's rugby club to keep them on track with learning about policies and procedures. They're very positive and doing a great job so far, with a hopeful outlook on competing next spring. The golf club had a meeting that wasn't well attended, but she expects to see them next spring as well. They are currently working on a club constitution. Some students approached Shannon about starting a tackle football club, but the UNL risk management officer said that wouldn't be plausible. Another group of students approached with hopes of starting a powerlifting club, and this possibility was more positive. The Sport Club Council is having their next meeting at the climbing and bouldering walls to try and build a community within the sport clubs. Curling is number one in the nation right now. Running club: women's took first place at regionals and men placed third.

**Youth Activities:** swim lessons conclude for the semester this week, and adults get done the week after. The temperature regulator for the women's showers at Mabel Lee Hall doesn't appear to be working properly and hot water that is too hot is especially a concern for children. Itty Bitty sports will continue for the rest of the year. It

has been successful in the past and will continue to be held in the Mabel Lee North Gym.

**Aquatics:** There are two lifeguards currently being interviewed for possible hire. There is concern with paying for a normal rec pass when all that it's being used for is swim classes at Mabel Lee Hall. Suggestions were made to look into something similar to a yoga pass. It might take a while to get implemented because there's a new software program that would be required, but it will be considered for the 2015-16 year.

F. Strength Training & Fitness Programs (Derek & Robert)

**Group Fitness:** Lots of fitness instructors come specifically from Fitness class 113. Right now they have 12 of the 25 spots filled. There is a free 2000's cardio dance night on Friday November 14<sup>th</sup> from 4-5 p.m. During finals week, all group fitness classes will be free. They are hoping that pass holders attending these classes will submit feedback and input for the fall and spring semester schedules. Overall, more facility space is what most feedback talks about, but the opening of the new Recreation and Wellness Center on East Campus should help with that. Classes are averaging about a 6 person increase for strength classes, 15 person increase for cardio classes, 6 person increase for fusion classes, 5 person increase for cycling classes, 4 person increase for water classes, and 6 person increase for mind and body classes. They are working on getting more yoga classes to hit diverse areas of athletics. There is a new intern from South Dakota that is working on incentive programs. There were posters put up for a free Pink boxing demo; the demo class filled up and received good feedback; therefore, they are looking into possibly offering an actual class.

**Strength Training:** The new facility is done and all of the offices are finished except for the furniture. A few tweaks still need to be made in the room, including some minor adjustments regarding equipment. Peak hours are the same as they previously were: 6-7:30 in the morning and about 6-10 at night. The personal trainer fitness prep course sections are both full, and from this class they typically pull students to guide them towards personal training. Numbers have not gone down since the new strength training room opened, they've remained at a consistently high level. Glen mentioned that people have been asking for more water bottle racks so that there will be less water bottles left on equipment. There are also a lot of bags that are placed under water bottle racks when they shouldn't be, so putting a sign up to let people know about day-use lockers might be helpful.

G. Wellness Services (Skyler & Tiffanie)

Wellness on Wheels went to 17 different departments, two of the most popular being at the College of Law and the Barkley Memorial Center. This is a positive because the new Recreation and Wellness Center will be opening on East Campus this summer and Wellness on Wheels provides good exposure for that facility. 110 students in the Law College and Barkley Center went through a stress management workshop and a flexibility/mobility workshop. Wellness Wednesday takes place every Wednesday and they focus on soliciting feedback about campus wellness from students.

V. Open Forum and Announcements

A. Week #9 Football Pick'em Winner

Stan was the week 9 winner. He got 9 of 10 game results correct and also correctly anticipated the exact number of total points scored by both teams.

B. Recreation and Wellness Center

Progress continues as all the concrete is now been poured. All the scaffolding is supposed to be down sometime in December. They are planning on putting paving tiles on the outdoor balcony. We will have a tour of the facility in January or February.

C. Breslow Ice Center

A third party management firm has been chosen and negotiations are ongoing between UNL and the firm. The proposed contract is to be presented to the Board of Regents later this month.

VI. Unfinished Business

A. Outdoor Adventures Center Dedication Report

Derek thanked everyone for coming! It was a nice ceremony and made the newsletter for RDG Planning & Design, the firm that designed the OAC. Stan gave Chancellor Perlman a tour of the newly renovated and expanded Strength & Conditioning Room after the OAC ceremony.

B. Nebraska-South Dakota State NIRSA Workshop and Region V Student Lead-On Report

Altogether there were around 130 people that attended, with a good number of undergraduate and graduate students included in that mix. Speakers encouraged and incorporated interaction with attendees from other schools so it was easy to meet new people. It was by far the largest NE-SD Workshop ever held.

C. Tailgate Report

There were around 30 people that showed up altogether. The food was from Parker's Rib House, and all were impressed with Nebraska's hospitality and the Outdoor Adventures Center.

VII. New Business

A. End of the Semester Social

We will be at the downtown Qdoba on the rooftop patio enjoying a naked burrito bar. Bring a gift, maximum price of \$14. Stan will e-mail the rules out to all of us soon. Wrap your gifts so people don't know what is in them! The social will be from 4:30–6:00 p.m.

B. Future absences

Rene will not be at the meeting on January 20<sup>th</sup> next semester.

VIII. Motion to Adjourn

Derek Niewohner moved and Glen Ready seconded a motion to adjourn the meeting. The meeting was adjourned by President Walters without dissent.

Respectfully submitted by:

Hanna Rogoz  
Secretary