

Campus Recreation Advisory Council  
**Meeting Notes**  
Campus Recreation Center, Suite 230, Conf. Rm. C  
October 14, 2014; 4:30 p.m.

- I. Roll Call by Secretary Hanna Rogoz  
Members present: Jonathan Berger, Amanda Dinneen, Maggie Haverland, Nate Hubert, Josh Johnson, Derek Niewohner, Glen Ready, Hanna Rogoz, Eddie Walters, Tiffany Wieser, and Skyler Zeller  
  
Absent: Rene Mayo-Rejai (excused), Gabe Ryland (excused), Jim Steadman (excused), Robert Vencil (excused)  
  
Also present were Deb Johnson, Advisor and Stan Campbell, Director
- II. President Walters called the meeting to order
- III. Review and Approval of September 30th Meeting Minutes  
Skyler Zeller requested that the minutes be changed to reflect the correct spelling of her name. Tiffany Wieser made and Amanda Dinneen seconded a motion to approve the corrected meeting minutes. The motion was approved without dissent.
- IV. Committee Reports
  - A. Intramural & Extramural Sports (Amanda & Glen)  
Ron Miller, Asst. Dir. for Intramural Sports, informed the committee that the biggest struggle with intramural sports this fall has been the rainy weather. They're trying to get through all of their outdoor sports before the weather gets too cold. Intramurals is up 31 teams so far this year which is a 4% increase. Indoor soccer has 110 teams total, which is 22 more teams and a 25% increase from last year. While flag football had a slight decrease from last year, intramural sports participation overall is showing an increase.  
  
There were 503 participants in the Homecoming Fun Run. Conservative estimates puts intramural participation at about 20,000 at this point in the semester. The busiest the program has been is 5,000 participants within a five day period. Numbers are expected to continue to increase.  
  
The biggest event coming up shortly is the 20<sup>th</sup> annual Intramural Regional Flag Football Tournament at UNL. It will be held November 8<sup>th</sup> and 9<sup>th</sup>. Approximately 500 invitations were sent out, and around 40 collegiate teams from 8-10 different states are expected to participate. Special events will include bubble ball and foot golf (kicking soccer ball into a big golf hole). In addition, a Special Olympics division will be included this year for the first time. Fourteen Special Olympic teams are expected, which would make it one of the largest regional competitions in the nation. Intramural Sports is looking for volunteers to help with the event; their main task would be hanging out with participants after the games and to show them around the Lincoln area.
  - B. Marketing & Technology (Hanna & Josh)  
Technology: Over the summer, the Web site was converted to the new UNL CMS template and style. The Keyless Door Access installation continues. There were a lot

of network, cable and electronic installations in CREC's new Strength Training & Conditioning Room and in Cardio Zone 2. We are collaborating with the member services team to improve customer support for auto-debit memberships, especially those involving credit card expiration dates. In November, Campus Recreation will be forming a workgroup to explore a potential Rec Software upgrade. The big question is whether or not RecTrac continues to serve their needs or would another software system benefit Campus Rec more in the future.

Marketing and Communication: Currently coordinating the Outdoor Adventures Center (OAC) dedication ceremony. The OAC guidebook is at the printer right now and is estimated to be on campus within two weeks. Massage Therapy Awareness Week is the last week of October. The preliminary design work for GET REC'd 2015 is underway, and the first designs will be ready by November 1<sup>st</sup>. We have been participating in the Red Letter Days recruitment events. Over the summer, installations began in the large glass display case in the south corridor of the Coliseum; past Intramural Sports Champions and Wasson Award Winners were installed. Coming soon in that area are the National Extramural Champions and Runner-Ups showcases.

C. Member Services (Josh & Skyler)

The committee spoke with Zac Brost about 1.5 weeks ago regarding his transition into his new Asst. Dir. for Member Services and Development position. The number of students coming into the building is looking good and the new student employees are doing well. There was a demand for skateboard racks outside the Campus Rec Center; therefore, some were put in place. There is also a skateboard rack at OAC. They all use normal padlocks which are sold at Member Services.

D. Outdoor Adventures (Derek & Amanda)

The grand opening is on October 29<sup>th</sup>, the chancellor will speak and all Advisory Council members are invited. OAC is pushing towards an emphasis that adventure doesn't only mean play. They want to get the message out that it's not just here as a space-taker; it's here for students and members to have a good time and to exercise. The outdoor rock wall is open for game days when the inside wall is not open and generally speaking is a hit or miss depending on the staff working that day. There are a few complaints about not having the inside open on game days, but it would be too hectic to do so. There is a huge increase in equipment rentals and the bike center is always busy. The location is a lot better than it used to be and the increased utilization is proof of that. The busiest times are between 4 and 7 p.m. The adventure trips have been difficult to fill, but registration for them is starting to pick up.

E. Sport Clubs, Youth Activities & Aquatics (Glen & Rene)

Sports Clubs: Men's rugby was approved for reinstatement by the Sport Clubs Council and their first practice was October 14<sup>th</sup>. Golf has not requested approval from the Sport Clubs Council, but they're anticipated to do so later this semester. Injury Prevention & Care (IPC) is teaming with sport clubs to do concussion testing. IPC members will go to sport club practices and talk to members re. the opportunity to participate in baseline concussion testing. If they ever have concussion like symptoms during practice IPC will provide resources for future testing. Curling placed first and second in their past tournament. Water ski is in its second year as an official club team and they qualified for regional competition. The Sport Clubs Council has their next meeting at OAC and will have a climbing night to try and get the sport clubs leadership to start working more cohesively and feeling comfortable supporting each other.

Youth Activities: Jr. Blackshirts participation is down from last year, but a lot of it has to do with so many night games. The first game of this season had the most participants that they've ever had. They expect numbers to go back up as earlier games come.

Aquatics: People are enjoying the new LED lights in the Campus Recreation Center pool. Lifeguard recertification happened recently and went well.

F. Strength Training & Fitness Programs (Derek & Robert)

The new strength and conditioning room was opened and there has been a lot of positive feedback. The second Purely Pink event took place this past Friday and it was relatively successful. There was a large rush at the beginning, but it slowed towards the end. The set-up was a lot more organized than last year. Its slower pace this year was attributed to it being a bye week for football; therefore, more students than usual went home and that the new strength room just opened. We are picturing Purely Pink as an event to take place towards the beginning of each semester to gear it towards new students coming in. The Power and Strength Boot Camp event was well received. A lot of people who like to use the strength training room during that time were enthusiastic about doing less conventional strength workouts.

Strong Husker was on Sunday and attendance was good. Attendance was good, but it usually does a little bit better in the spring semester. It's becoming mostly a student-led event.

New equipment came in on October 14<sup>th</sup> for Cardio Zone 2. It has all been installed, but will open later this week because we are still working through fine tuning technology.

Personal training passes are doing fine and there is no trouble meeting those goals. A PT development week is starting that's only open to the campus rec staff. Personal trainers take on a client so that they can work through processes in a real life situation. The instructor preparation course for group fitness is happening. Instructors take the course to get certified as a group exercise trainer. For three weeks they couple with a group fitness trainer and help teach a class with its current instructor. More strength equipment was recently purchased, mostly dumbbells because of the increase in class sizes. Last year the average participation in strength classes was 7 people and this year the average is 30.

G. Wellness Services (Skyler & Tiffany)

Personal training packages are doing excellent. The goal for fitness classes is to keep people working out during midterms and finals. There are more men attending classes, and the hope is to keep numbers up so that they can get more equipment. Now that numbers are up, the focus is retention. There are ideas to bring in ACE workshops so that instructors can earn continuing education certifications. These workshops will be on topics that explain the purpose behind classes and to increase the awareness of the benefits of group exercise.

V. Open Forum and Announcements

A. Sapp Recreation Facility Renovation

We are still awaiting arrival of carpet, as the supplier shipped the wrong color. We are also awaiting mirror installation. We anticipate the mirror installation to be completed

by the end of fall break, and they will have to work around the participants in the room. The large N's are printed on the doors now. The water fountains have started to be installed and will be finished within a day or two.

- B. East Campus Recreation Center  
Construction continues and the extraneous metal has been taken down from the ceiling in the MAC gym, thus revealing the wood. A sealant will be applied to the wood ceiling, followed by lighting installation and beam painting. The building is still on schedule to be enclosed by winter with a soft opening expected in late April/early May.
- C. Breslow Ice Center  
The first potential third party management firm was interviewed on campus last week. We are continuing to move through that process.
- D. Outdoor Adventures Center Dedication, Oct. 29, 4:00-5:30 p.m.  
All are welcome to come to the dedication. The official program starts at 4:30 p.m. when the chancellor arrives. If you attend, please wear your Advisory Council shirts.
- E. NIRSA Regional Flag Football Tournament, Nov. 8-9  
If you'd like to volunteer, stop in and see Ron Miller or Aaron Dueker.
- F. Week 5 Football Pick 'Em Winner  
Nate Hubert was the winner and received a free box combo from Raising Cane's

VI. Unfinished Business

- A. NIRSA NE/SD Workshop & Region V Student Lead-On, Nov. 6 & 7  
Information was sent out to all of us from Stan. We are welcome to register if we'd like to participate in any of the workshops. Our fees will be covered by Campus Recreation. There is a social Thursday, November 6<sup>th</sup>. Derek Niewohner will send out a schedule of the events.
- B. Follow-up from CFA presentations and tours  
The reception is not usually the same night as the presentation. The CFA chair seemed impressed with the tour. Possible changes in the future: Instead of waiting for the CRAC executive council to talk at the end, let us speak at the beginning and also lead the tour, breaking into smaller groups if need be.
- C. Proposed changes to the Advisory Council Constitution  
Glen Ready made and Derek Niewohner seconded a motion to approve the proposed changes to the constitution. The motion received unanimous approval. Eddie Walters and Jonathan Berger will need to sign the revised constitution before it is submitted to ASUN.

VII. New Business

None

VII. Motion to Adjourn

Glen Ready made and Derek Niewohner seconded a motion to adjourn the meeting. The meeting was adjourned by President Walters without dissent.

Respectfully submitted by:

Hanna Rogoz  
Secretary